

Where

We Live

A publication from the City of Hurst



Summer

2012

Recreation
Class
Schedule

Election Information

New Justice Center Plans

Hurst Stars & Stripes



Hurst Stars & Stripes

Wednesday, July 4

Welcome to the eighteenth issue of...

Where We Live

Welcome to the eighteenth issue of Where We Live. With such a mild winter, it's hard to believe that summer is just around the corner. Let's hope that this summer's temperatures are mild too. After all, summer is one of our favorite times of the year! We're putting the final touches on our signature event, Hurst Stars and Stripes, and this year's show promises to be one of our best ever. There are also a lot of exciting new events happening at the Hurst Conference Center this Spring and Summer and you're invited! See page 10 for all of the details.

The excitement in Hurst is not just centered around events though. We've got big plans for our city and we're sharing them with you in this issue. We're planning for a new justice center that will help address spacing and efficiency issues that have plagued the police and municipal court departments for years. You can read about what we've got in mind on page 12. Our city web site is getting a major overhaul too and we can't wait to share it with you this summer. We're making it easier to find all of the information you want to know about and we think it looks pretty good too.

I know I say it a lot, but I love Hurst. We're a city that plans for the future, appreciates the past and enjoys the present. I hope you love Hurst as much as I do and I hope to see you and your family soon.

— **Mayor Richard Ward**

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Hurst City Council

Left to Right: Anna Holzer—Council Member, Larry Kitchens— Council Member, Henry Wilson—Council Member, Richard Ward—Mayor, Bill McLendon—Council Member, Charles Swearengen—Mayor Pro Tem, Nancy Welton— Council Member

Spicy Beef Salad

Ingredients

Salad

- 1 lb beef flank steak or boneless beef sirloin steak
- 2 tablespoons dry sherry or apple juice
- 1 tablespoon soy sauce
- 2 teaspoons sugar
- 8 medium green onions, thinly sliced (1/2 cup)
- 2 medium tomatoes, cut into bite-size pieces
- 4 cups sliced fresh mushrooms (10 oz)
- 1 small head romaine or dark leafy lettuce, washed and shredded (4 cups)
- 2 cups spinach, washed

Spicy Ginger Dressing

- 1/4 cup rice wine vinegar or white wine vinegar
- 2 tablespoons soy sauce
- 1 teaspoon finely chopped gingerroot
- 1 teaspoon sesame oil
- 1/8 teaspoon ground red pepper (cayenne)
- 1 clove garlic, finely chopped

Preparation

1. Remove fat from beef. Cut beef with grain into 2-inch strips; cut strips across grain into 1/8-inch slices. (Beef is easier to cut if partially frozen, 30 to 60 minutes.) In glass or plastic bowl, mix sherry, 1 tablespoon soy sauce and sugar. Add beef; toss to coat. Cover; refrigerate 30 minutes.
2. Heat 10-inch non-stick skillet over medium-high heat until 1 or 2 drops of water bubble and skitter when sprinkled on surface. Add half of the beef; stir-fry about 3 minutes or until beef is no longer pink. Remove beef from skillet; drain. Repeat with remaining beef.
3. In large bowl, mix beef and onions. Layer tomatoes, mushrooms and lettuce on beef. Cover and refrigerate at least 1 hour until chilled but no longer than 10 hours.
4. In tightly covered container, shake all dressing ingredients until well blended. Pour dressing over salad; toss until well coated.

Serves 6



www.txsmartscape.com



Nutrition

One serving: 1 cup, Calories 205, Total Fat 11 g, Carbohydrate 10 g, Dietary Fiber 2 g, Protein 19 g

City Staff

Allan Weegar—City Manager

Allan Heindel—Deputy City Manager

Jeff Jones—Assistant City Manager

Clay Caruthers—Director of Finance

Ron Haynes—Director of Public Works

Rita Frick—City Secretary

Steve Moore—Police Chief

John Brown—Fire Chief

Dale Harwell—Information Services Manager

Mike Morgan—Director of Planning and Community Development

Ashleigh Whiteman—Communications Manager

Steve Bowden—Director of Economic Development





Nutrition 101

The next several editions of the wellness article will be going over some fundamental nutrition concepts to help you increase your health.

Part 2 - Protein

Proteins are part of every cell, tissue and organ in our bodies. These proteins are constantly being broken down and replaced for us to function. The protein in the foods we eat is digested and broken down into amino acids that are later used to replace these proteins in our bodies.

Protein is found in the following foods:

- meats, poultry, and fish
- legumes (dry beans and peas)
- tofu
- eggs
- nuts and seeds
- milk and milk products
- grains, some vegetables, and some fruits (provide only small amounts of protein compared to other sources)

Your body uses the protein you eat to make lots of protein molecules made up of individual amino acids that have specific jobs. For instance, your body uses protein to make hemoglobin, the part of red blood cells that carries oxygen to every part of your body.

Proteins are sometimes described as long necklaces with differently shaped beads. Each bead is a small amino acid. These amino acids can join together to make thousands of different proteins. Scientists have found many different amino acids in protein, but 22 of them are critical to human health.

Of those 22 amino acids, your body can make 13 of them without you ever thinking about it. Your body can't make the other nine amino acids, but you can get them by eating protein-rich foods. They are called essential amino acids because it's essential that you get them from the foods you eat.

Protein from animal sources, such as meat and milk, is called complete, because it contains all nine of the essential amino acids. Most vegetable protein is considered incomplete because it lacks one or more of the essential amino acids. This can be a concern for someone who doesn't eat meat or milk products. But people who eat a vegetarian diet can still get all their essential amino acids by eating a wide variety of protein-rich vegetable foods.

For instance, you can't get all the amino acids you need from peanuts alone, but if you have peanut butter on whole-grain bread you're set. Likewise, red beans won't give you everything you need, but red beans and rice will do the trick.

The good news is that you don't have to eat all the essential amino acids in every meal. Because protein is found in lots of different foods, it's easy for most of us to get everything we need. As long as you have a variety of protein sources throughout the day, your body will grab what it needs from each meal.





Fight the Bite

MOSQUITO SURVEILLANCE

This year city staff will participate for the tenth year in a mosquito surveillance program with the Tarrant County Health Department. Citizens over the age of fifty are at a higher risk for developing severe West Nile Virus(WNV) infections. Of all the samples collected in Hurst in 2010 and 2011 none tested positive for WNV. Birds will not be tested for WNV primarily because they cannot transmit the virus to humans.

Mosquito collection sites are evenly distributed throughout the city and when a WNV-positive sample is identified, all property owners within a quarter-mile radius will be notified of that finding. In addition to this notification, the area will be sprayed in an attempt to reduce the population. The city only sprays when a West Nile Positive mosquito is found thru the surveillance program. Larvicide treatment will again be used throughout the city at regular intervals to inhibit the development of adult mosquitoes in lieu of less effective fogging of the entire city. In addition to the use of larvicide, the city is stocking certain city properties and drainage outfalls with *Gambusia affinis* (Mosquito fish) minnows that are known to eat large numbers of mosquito larvae.

To have your neighborhood included in the surveillance program, call 817.788.7217 or 817.788.7237.

The Four D's

for mosquito bite prevention

D**usk and dawn** are times you should stay indoors.

D**ress** in long sleeves and pants

D**EET** (N,N-diethyl-m-toluamide) should be in the repellents you use.

D**rain** or eliminate any source of standing water

Summer Severe Weather Alert

Summer is just on the horizon and with all that warm weather also comes the potential for severe weather. In an effort to keep you and your family safe our fire department has compiled a list of strategies and tools that you can use to stay aware and up to date on all things severe weather.

Planning how you will receive timely emergency information is critical and it can prevent the loss of life and property. It is vital for you as a citizen to know all of the avenues available to you out there that will alert you in an emergency. It is important to have a plan for how you will be notified not only when you are in your home, but also outside and when you are sleeping. Here's a list of emergency notification systems you can utilize to ensure your safety.

Outdoor Warning System

The outdoor warning system is designed to warn people who are outside to seek shelter inside and to seek further information. The sirens are sounded when there is a tornado, hail 1.25" or larger, 70 mph winds or other emergencies that are a potential threat to Hurst. Once you are inside check your local TV and radio stations for updates on the current conditions. Also, keep a spare radio on hand, with charged batteries, in case you have to take shelter in a closet or away from your TV. Many do not know this, but the outdoor warning system is not designed to wake you up or even to be heard indoors, its design is initially to warn those already outdoors.

Smart Phones

So it's the middle of the night and you can't hear the outdoor warning system, or the middle of the day and you don't notice the sirens going off because you're indoors. How do you alert yourself of severe weather? Smart phones are a great tool to use. There are multiple apps out there that allow you to sign up for updates and notifications when there is severe weather near your location. This way you have a source of being notified around the clock, indoors and outdoors.

NOAA Wx Radio

One of the best tools you can have in the event of severe weather is one of these radios. More specifically, ones with the Specific Area Message Encoding (S.A.M.E.). These radios have the ability to be programmed to receive the warnings, like severe weather, that will only affect Tarrant County. They are inexpensive and typically have battery back up. They also have alarms that will wake you up or alert you for only the conditions you select. You will never hear this radio unless there is severe weather in the area you program it to watch. If you are having a hard time getting your radio programmed just



contact the City of Hurst Fire Department and they would be more than happy to help you out!

Code Red

The City of Hurst uses the CodeRed system for emergencies that are not weather related and for information after an emergency has occurred. The CodeRed system is used for boil water notices, missing persons, storm debris disposal information and other emergencies. Just go to our website at www.ci.hurst.tx.us to sign up. Since CodeRed is not a notification for impending severe weather other notification services should be used.

Facebook & Twitter

We keep our Facebook and Twitter pages updated with issues affecting residents. These are great resources to use after an emergency situation but other sources of notifications should be used in the event of severe weather or an emergency.



Walk & Talk promotes neighborhood watch groups

Come talk a walk. A walk and talk that is. The City of Hurst Police and Code Enforcement have partnered up and are meeting with neighbors to promote neighborhood watch groups and explain the positive role of code enforcement in the city. Staff gets together and walks around neighborhoods on select Saturdays and meets with citizens to chat about the programs that the police and code enforcement departments have to offer. For more information on this program call 817.788.7342.



On the cover...



It's almost summer time which means Hurst Stars and Stripes is coming up soon. We're so excited that we just had to feature our big event on the cover! We look forward to this event every year and can't wait to spend it with you! Our annual signature summer event is filled with family, friends, entertainment and of course, fireworks! We proudly feature one of the longest and best fireworks shows in the metroplex and this year is no exception. We enjoy celebrating this special holiday in a fun and family friendly way with our residents, businesses and visitors. Things are looking bright this summer and we hope we see you at Hurst Community Park on July 4. Happy summer Hurst!



Water restrictions remain in effect

Despite the significant rainfall that our area experienced in January and February, watering restrictions will remain in affect. Here's why:

The City of Hurst is a wholesale water customer of the City of Fort Worth and is therefore contractually obligated to follow the same watering restrictions. The City of Fort Worth Water Department has advised their wholesale customers that Stage 1 watering restrictions are staying in place at this time. Tarrant Regional Water District,

Fort Worth's water supplier, has been in consultation with its major customers: Fort Worth, Arlington, Mansfield and TRA. Their decision is not to lift restrictions until they are certain they would not fall back into the same triggering conditions i.e., 75 percent reservoir levels. This means the City of Hurst will continue to stay under the Stage 1 water restrictions. For more information on restrictions visit our website at www.ci.hurst.tx.us.

Monday—No irrigation is allowed. **Tuesday & Friday**—Businesses, apartments, parks, medians and other common areas may water. **Wednesday and Saturday**—Residential addresses ending in 0, 2, 4, 6 or 8 may water. **Thursday and Sunday**—Residential addresses ending in 1, 3, 5, 7 or 9 may water. No irrigation may occur between 10 a.m. and 6 p.m. on any day.



Hurst Conference Center video program sparks creativity, learning for youths

At Summer Media Camp, youth ages 9-14 get behind the camera to create their own original video programming. Campers work as a team to produce a comedy, music video, talk show or drama using broadcast quality cameras, microphones, switchers and graphic design software. Programs are distributed on our YouTube channel so participants can share their work.

Media Camps are held at the Hurst Conference Center. Participants learn all aspects of video programming jobs from director, floor director, camera operator, teleprompter operator, graphics, audio, set design and of course, talent!

The kids steer the direction projects creatively, but we do follow a structured curriculum.

There is always room in the program for unplanned activities; commercials, skits, and they always want to do something scary. The best part is it varies from week to week so multiple sign ups are never the same experience.

The program will build skills that will be useful to them throughout the school year. Participants are welcome to bring a camera from home to learn how they can get the most out of it. These new skills will help them with school projects or just keeping busy on a rainy Saturday.

Music on the Veranda Spring Series

April 27, 2012

Hurst Conference Center

*An Evening with Colin Boyd
and Nate Kipp*



Join us on the Hurst Conference Center's beautiful Veranda for an evening with Colin Boyd and Nate Kipp.

Colin Boyd is a local singer/songwriter whose songs have been recorded by Jack Ingram, Carrie Underwood, Sara Hickman and more. Performing originals that have been described as melodic, witty and heartbreaking, Boyd also throws in covers showing a reverence for country and rock icons.

Born in Pecos and raised in West Texas, Nate Kipp has been performing high energy Americana style, Texas country music in DFW for the last few years. His music is insightful, hopeful, sometimes comedic but with firm threads of truth that come shining through.

Cash bar and appetizers. 7:00-10:00 PM, tickets \$25.

Wine Tasting On the Veranda

April 28, 2012, 4:00-6:00 PM

Hurst Conference Center

\$30 per person

Robust. Peppery. Full-bodied. Ponderous. Brush up on your descriptive wine tasting or better yet, don't. But do join us on the veranda for an afternoon of fine wine and food pairings. The Hurst Conference Center will be hosting a blind tasting with wines of many varieties from multiple producers. Can you tell the difference in a \$15 and \$100 bottle of wine? It won't matter when they are paired with the wonderful food from the kitchen of our Executive Chef, Robert Bleibtrey. Enjoy this opportunity to network with other amateur oenologists.

Summer Media Camp

June 25-29, July 9-13

August 6-10

Hurst Conference Center

\$235 per week

Includes daily
lunch and snack



Crime Fighting Success

The Hurst Police Department is on the streets 24/7 protecting the community and it shows. Crime is down 18 percent over the last two years.



Hurst Justice Center Building for the Future

May 12 Election

The City of Hurst has plans for a new Justice Center to better serve the community's growing court system and Police Department.

The proposed Justice Center design will adequately serve the city's needs for the next 30 years based on projected growth. The state-of-the-art facility will provide the space and amenities to help the police department and courts run more efficiently and provide workspaces conducive to the current public service activities. Situated in the Hurst Town Center, the proposed Justice Center will include a parking garage, providing a convenient and accessible location for Hurst citizens to access these services.

Why build a new Justice Center in Hurst?

Currently, The Police Department and City Courts are challenged to meet citizens' needs with limited resources and building space. The new Justice Center will increase current justice capabilities and enable the public services to be more efficient. The new Justice Center will serve the city's needs for the next 30 years.

Police Department and City Court Facility Facts

- The current Police Department is approximately 27,000 square feet and based on official estimates it should be approximately 63,000 square feet
- Lack of space presents privacy and security issues when officers conduct interviews and investigations
- Some officers and detectives must office at off-site locations, which decreases the department's efficiency
- More than 45 city and employee vehicles are parked at off-site locations
- The City Judge and Prosecutor do not have offices and must use the employee kitchen for private conversations and consulting with attorneys
- Precinct and Highway 121 construction resulted in a loss of 15 percent parking (30 spaces)
- Citizens attending court must wait in long lines within office corridors, which disrupts city operations and inconveniences city customers

Hurst Police Department Community Impact

The Police Department is active 24/7, protecting the community. Over the past two years, crime has decreased 18 percent.

The police department also offers various programs to improve the Hurst community such as:

- Citizen's on Patrol program
- Adopt a school programs
- Citizen Police Academies
- Summer camps for school children

Project Financing

- Project location on existing city property. (No land costs).
- \$18.5 million total project
- \$16.5 million GO bond funding
- \$2 million capital reserves
- Tax rate impact 3.5 – 5 cents
- Annual cost for average homeowner \$4.50 per month
- If you have applied for and received the Age 65 Freeze on your homestead, your city taxes will not be impacted

Where can I find more information about the Hurst Justice Center?

- Ask your neighborhood Hurst Police Officer, or stop by the Police Department
- Call the Hurst Police Department hotline at 817.788.7130

How can I vote on the Hurst Justice Center?

- In May 2012 there will be a bond election to vote on the Hurst Justice Center.
- Early voting begins April
- Election day is May 12

ure, Now

Transforming
HURST
THE OPPORTUNITIES ARE BUILDING

Citizen survey results are in

For the second time we conducted an online only citizen survey. The survey was live from mid-January through the month of February, was featured in the *Star-Telegram* and highlighted at our Town Hall Forum.

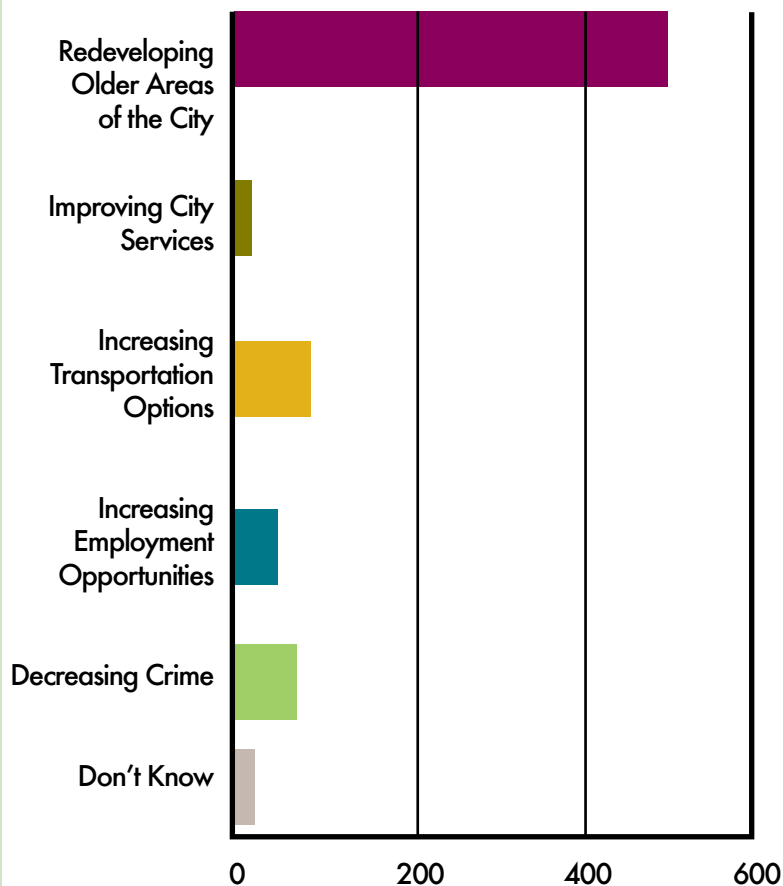
Overall, ratings were positive and we're encouraged by the feedback. We're also continuing to improve on our already "excellent" quality of life. We're proud of where we are and look forward to an even brighter future!

Thanks for taking the time to participate and thanks for the feedback.

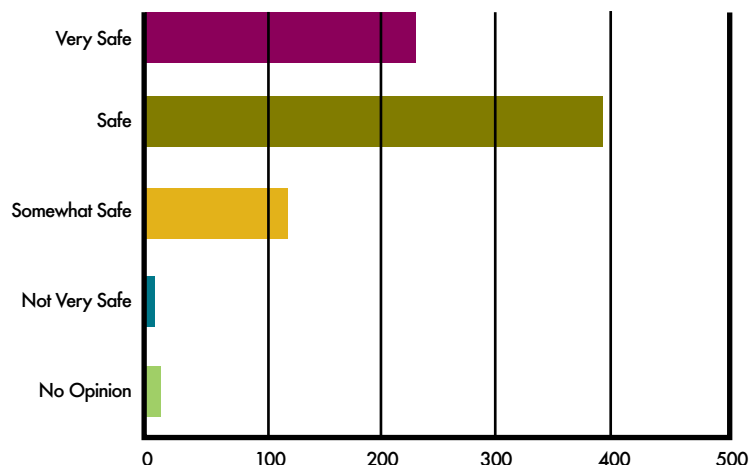
Didn't get a chance to participate? Have something you'd like to say? Feel free to call 817.788.7010 and share.



What is the most critical issue facing Hurst today?

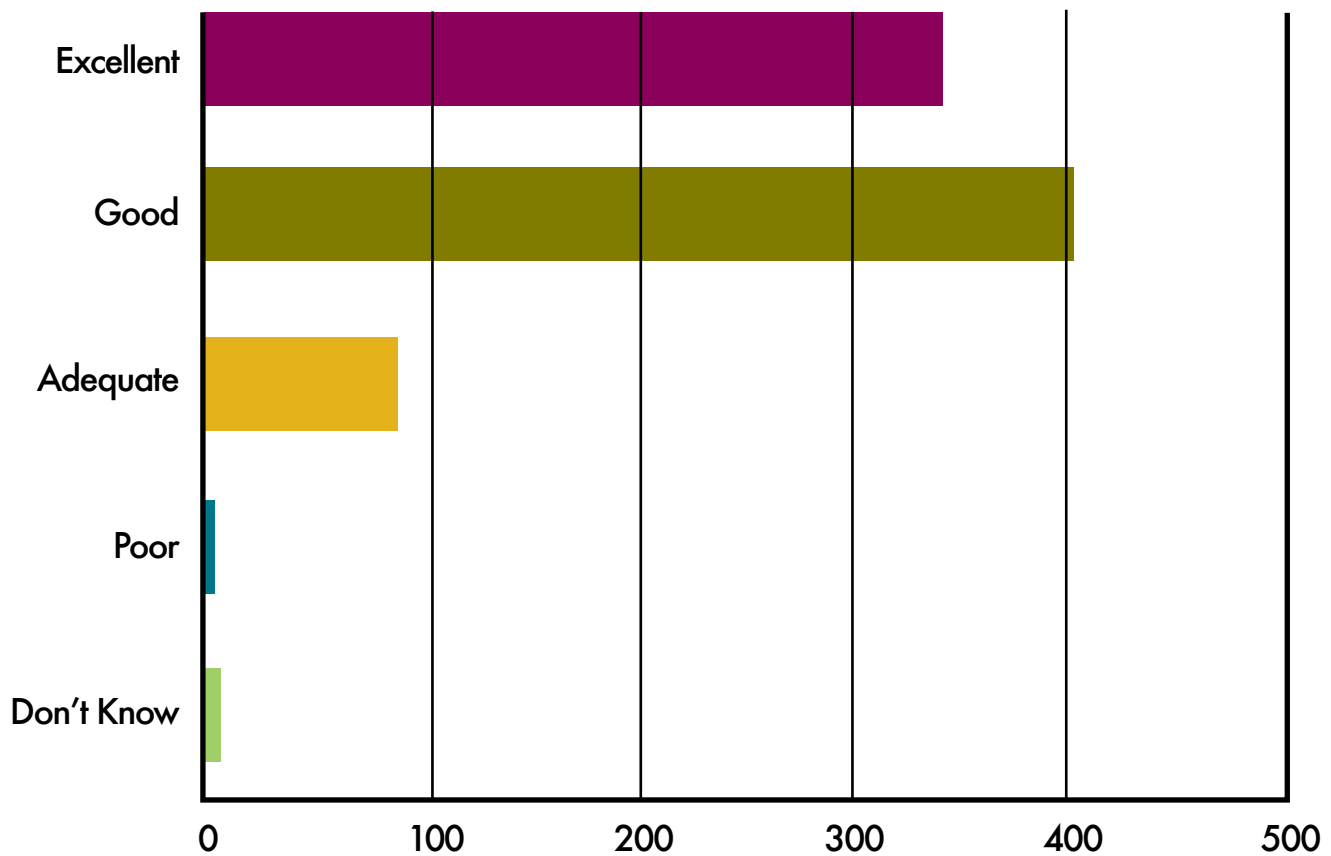


How safe do you feel living in Hurst?

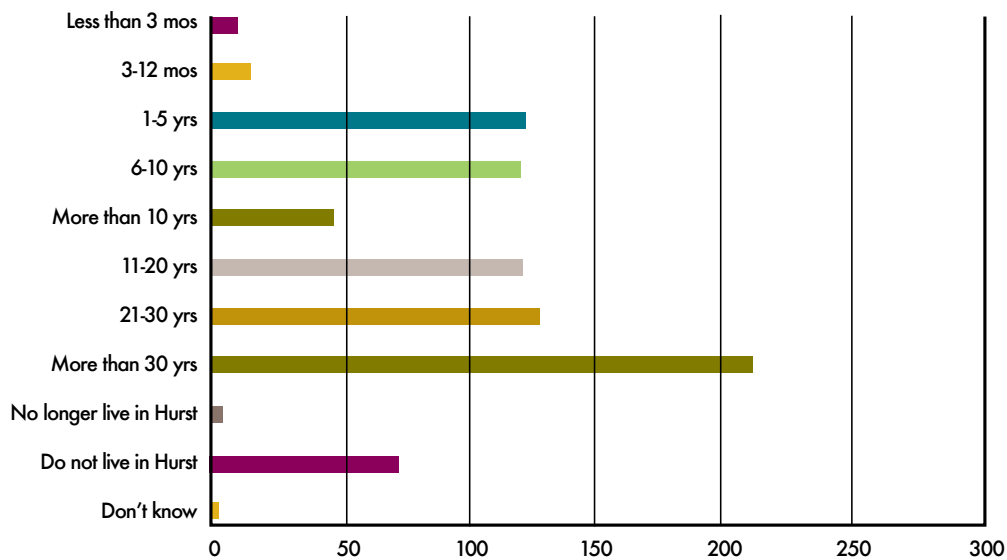


We asked,

How would you describe the quality of life in Hurst?



How long have you lived in Hurst?



you answered!

Basketball Camp

The Hurst Police Department proudly announces its 20th annual FREE summer basketball camp! The camp is available to Hurst Residents that will be going into the 5th and 6th grades. The purpose of this camp is to bring police officers and area youth together in a non-confrontational, friendly environment. Campers are taught the basic fundamentals of basketball. Teamwork and respect are highly emphasized by officers during this camp. The camp will be held at the First United Methodist Church Hurst, 530 Elm Street, Monday, July 16 through Friday, July 20. Due to space limitations, only the FIRST 48 applications will be accepted. A free lunch will be provided each day. If you have attended the Basketball Camp previously, you will not be eligible to attend.

PALS Camp

The (PALS) Police Activities League is a summer camp for school age children to provide an alternative week of activities and promote teamwork. Officers are addressed on a first name basis by campers in hopes of establishing a bond as well as making the officers approachable in future encounters. Recently the LD Bell Honor students have been utilized to assist with the camps. PALS camp will be held Monday, June 11 through Friday, June 15 from 9 a.m.-1:30 p.m. This camp is for students going into the 5th and 6th grades. Due to space limitations, only the first 60 Hurst Resident applications will be accepted.

For more information on camps or to sign-up, please call the Hurst Police Department Community Services Division at 817.788.7342.

The Social Media Connection

Want to stay plugged into your city? Hurst makes it easy to do just that, giving citizens the opportunity to stay up to date on city events, services and even local discounts! Simply “like” the City of Hurst on facebook, follow us on twitter, linkedin or instagram. You can also sign up to receive email alerts from our free email notification service and choose exactly what information you want to receive. We’ve also recently added a feature where you can receive text messages along with your e-mail alerts. Just go to www.ci.hurst.tx.us/WebSubscription.htm and sign up today.

Facebook:

City of Hurst: <http://www.facebook.com/cityofhursttx>

Police Department: <http://www.facebook.com/pages/Hurst-Police-Department/137995106215139>

Library: <http://www.facebook.com/HurstPublicLibrary>

Conference Center: <http://www.facebook.com/hurstcc>

Recreation Center: <http://www.facebook.com/HurstRecreation>

Twitter:

@TheCityofHurst

@HurstFireDept

@HurstLibrary

@HurstPoliceDept



LinkedIn:

<http://www.linkedin.com/company/city-of-hurst>

Instagram:

cityofhursttx

Other Websites:

www.ci.hurst.tx.us

www.transforminghurst.com

www.hursted.com, www.hurstcc.com

SCADA 24 hour hotline

817.788.7121

City Contact Information

DEPARTMENT	PHONE NUMBER
Mayors Action Line	817-788-7010
Building Inspections/Code Enforcement	817-788-7088
City Hall	817-788-7000
City Manager's Office	817-788-7027
PR/Marketing	817-788-7029
Water Department (billing)	817-788-7038
Senior Citizens Activities Center	817-788-7710
Hurst Conference Center	817-581-0044
SCADA 24 hour Hotline	817-788-7121
Development	817-788-7025
RECREATION	
Recreation Center Reservations	817-788-7320
Softball Rain-out Information	817-788-7323
Tennis Center	817-788-7302
SERVICE CENTER	
Parks Department	817-788-7220
24 Hour Public Works Dispatch (weekends & after 5 p.m.)	817-788-7212
FIRE DEPARTMENT	
Administration	817-788-7238
Fire Prevention	817-788-7240
POLICE DEPARTMENT	
Administrative/Non-Emergency	817-788-7146
Animal Shelter	817-788-7216
Community Service Office - NE Mall	817-590-9722
Community Service Office - SE Storefront	817-788-7342
Youth Services - SE Storefront	817-788-7370
Jail	817-788-7136
PUBLIC LIBRARY	
Main Number	817-788-7300
Youth Services	817-788-7136

NTE Project Update

What's going on with the NTE project? In short, a lot. At press time, representatives for the NTE project anticipated construction of a new westbound frontage road from Norwood Drive to Precinct Line Road to be opened early to mid May. Demolition of the Hurstview Bridge was anticipated to occur mid April and last approximately one year. The new Hurstview pedestrian bridge was nearing completion and slated to open in April. Also slated to take place in May are the beginning phases of construction on Precinct Line Road. Lastly, the westbound Bedford Road off-ramp is expected to be closed for one year,

but the Central Drive on-ramps are projected to re-open later this year. For the latest news and information on the NTE project please visit www.northtarrantexpress.com and sign up for e-alerts to receive weekly lane closure information or call 1.888.NTE.2015. For up to the minute updates follow the NTE project on Facebook at www.facebook.com/northtarrantexpress or Twitter @NTEexpress..



City Nuisance Ordinance 101

We are proud of our city and our residents are too. With summer just around the corner we wanted to remind citizens how easy it is to keep our neighborhoods looking their best. Here's all you need to know to stay in compliance with the City Nuisance Ordinance.

What is the City Nuisance Ordinance? In simple terms it's how the city insures the maintenance of property values and keeps properties looking nice. This ordinance affects all property owners in the city and helps reduce the number of citations by allowing for timely compliance from property owners. Here are some of the basics of the nuisance ordinance every property owner needs to know.

High Weeds & Grass

Grass cannot exceed 8 inches.

Sweeping or blowing lawn and garden debris out into the street and leaving it there is prohibited. Allowing grass and weeds to grow over the curb and never be trimmed back is prohibited.

Rubbish & Garbage

The accumulation of rubbish or garbage on or in any property is prohibited.

Swimming Pools

Residents that have pools, spas or other water structures should maintain them so that: they do not produce foul, nauseous or offensive odors, structures are not injurious to health, and they are not unpleasant to adjacent neighbors or to persons passing such premises.

Off-Street Parking

All off street parking areas and drive-ways shall be paved to provide an all weather surface. Not parking on an all weather surface is prohibited.

Procedures for Abating and Removing Inoperative, Abandoned or Junked Vehicles

A notice will be sent to both the vehicle and the property owner if the vehicle is on private property. If the vehicle is in the public right of way or on public prop-

erty both the owner of the vehicle and the owner/occupant of the premises will be sent a notice.

If no one takes responsibility and corrects the situation, the city can take possession and dispose of the junked/abandoned vehicle by having it towed. Hurst will continue to notify the owners and give them more chances to reclaim the vehicle before it can be sold at public auction.

For more information about the nuisance ordinance or if you have any questions call:

Code Enforcement
817.788.7088

Code Enforcement Hotline
817.788.7099



VOTE! Hurst General Election — May 12

The City of Hurst will hold a General Election to elect persons to fill the offices of City Council Place 3 (Mayor), 4, 5 and 7 on May 12. A Special Bond Election will also be held on May 12. The Saturday, May 12 Election Day Polling Place will be at the Hurst Public Library, 901 Precinct Line Road, Hurst, Texas and will be open from 7:00 AM-7:00 PM

Early voting by personal appearance will begin on April 30 and will end on May 8. Hours designated for early voting by personal appearance:

April 30-May 4	Monday-Friday	8:00 AM – 5:00 PM
May 5	Saturday	7:00 AM-7:00 PM
May 6	Sunday	11:00 AM-4:00 PM
May 7-8	Monday – Tuesday	7:00 AM-7:00 PM

Main Early Voting Polling Place: Tarrant County Elections Center, 2700 Premier Street, Fort Worth, Texas 76111.

Early voting by personal appearance branch offices within the City of Hurst:

- Northeast Sub-Courthouse, 645 Grapevine Highway
- Hurst Recreation Center, 700 Mary Drive

For a list of all available early voting sites and additional voting information regarding the May 12 elections visit the Tarrant County Election website at www.tarrantcounty.com or contact the City Secretary's Office at 817.788.7000.

Calling All Hurst Foodies!

Restaurants are popping up all over town and we have the scoop on all your future favorite hot spots. Twelve new restaurants opened in the last year which is the largest number of restaurant openings that we've had in many years. Some of you may not know this but there are more than 100 restaurants in the City of Hurst. The 101st was Del Taco which opened in December on Precinct Line Rd. With such an eclectic and extensive mix of restaurants in Hurst your options are limitless. Happy eating Hurst!

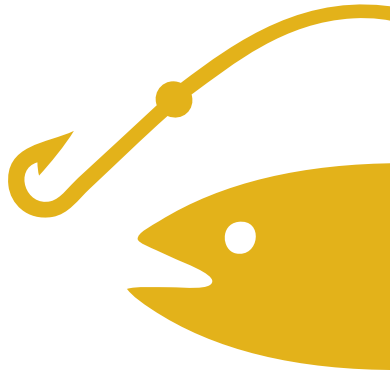
Recently Opened

In-N-Out Burger - 780 W Airport Fwy
Witten's Grill & Sport's Pub - 1121 W Pipeline Rd
Fusion Grill - 503 E Hurst Blvd
Red Panda Chinese Restaurant - 1834 Precinct Line Rd

Coming Soon

Kaykes Bakery - 1121 W Pipeline Rd, STE 223
Zorro's Buffet - 953 Melbourne Rd
Mexican Inn - Located Next to In-N-Out Burger





When the fish are biting ...

Get Your Gear at the Hurst Public Library! Did you know that the City of Hurst and the Texas Wildlife Department partner in a program to encourage family fishing in our own neighborhood? You can check out a rod and reel for use at Texas Parks and Wildlife designated Neighborhood Fishing Lakes like Chisholm Pond with your Hurst Library Card. Call the Library for details at 817.788.7300.

Residential and County Overlay Plans

Street Overlay Program

The City of Hurst's overlay program is used to restore paved street surfaces to add structural capacity, riding comfort and skid resistance which add to the street's safety. While newly overlaid streets are aesthetically pleasing, streets are not overlaid to improve appearance. Pavement deterioration is cumulative and based on a number of factors. These factors include weather, traffic impacts and frequency of maintenance. The average life span of a paved street in Hurst is between 10 and 15 years (that is from the time the street is newly paved to a point where reconstruction becomes necessary). When a paved street reaches about 75 percent of its service life deterioration accelerates. If routine maintenance is not performed restoration costs are four to five times higher.

The City evaluates the condition of every street each year. Determinations are made which streets will receive what type of maintenance based on street paving condition ratings. Streets selected for an asphalt overlay are first "wedge milled" which is a process of cutting a layer of asphalt from the street surface. This allows for a new application of asphalt not to exceed the height of the concrete gutter line. Following the wedge milling, a layer of hot mix asphalt is applied that provides a smooth riding surface along with enhanced durability and stability to the street.

Using city, county and contractors forces the following streets will be resurfaced this spring and summer. Hurst has two categories of street overlays: County and Residential. Milling will precede the asphalt overlay resurfacing process. Again this year, all overlay funds will come out of the annual street division operating and maintenance budget.

County Overlay

Norwood Drive from Bedford-Eules Road to Salem Drive.
Bellaire Drive from Pipeline Road to Pecan Street.

Residential Overlay

Heneretta Dr.	Hurstview to west dead end
Heneretta Dr.	Hurstview to Winterhaven
Stephanie Lane	Heneretta to Winterhaven
Stonehenge Dr.	Norwood to Hurstview
Pleasantview Dr. W	Precinct Line to park entrance
Pleasantview Court	Pleasantview Dr. W to cul-de-sac
Mason Dr.	Bedford Court W to Cheryl
Cavender Dr.	Cheryl to Sheri
Elm St.	Ridgecrest to Hurstview
Cedar St.	Ridgecrest to Hurstview
Myrtle Dr.	W Redbud to Cullum
Kathryn St.	Arcadia to W Redbud
Cooper Dr.	NE Loop 820 access road to Cardinal



Volunteers In Action

National Volunteer Week



On April 10, the Hurst City Council signed a Proclamation declaring April 15-21 as Volunteers-in-Action Week, coinciding with National Volunteer Week. President Nixon established National Volunteer Week in 1974 to encourage all Americans to dedicate time to volunteer in their communities. Hurst citizens have been doing just that, giving back through the Volunteers-In-Action Program since 1979. In a little over 30 years Hurst volunteers have contributed almost 475,000 volunteer hours totaling nearly \$7 million in services. The City of Hurst sincerely appreciates the dedicated service of our volunteer work force.

If you are interested in joining the VIA program, please contact the Community Services Department at 817.788.7305. Volunteer applications can be picked up at the Community Services' offices in the Hurst Public Library or accessed online through the City's website at www.ci.hurst.tx.us.

Want to Get involved?

The City of Hurst is always looking for new volunteers. If you are interested in joining the VIA program, please contact the Community Services Department at 817.788.7305. Volunteer applications can be picked up at the Community Services' office in the Hurst Public Library or accessed online through the City's web site at www.ci.hurst.tx.us.



Senior Center Hours

Open 5 days a week
Monday-Wednesday, 7:00 AM-7:00 PM
Thursday, 7:00 AM-9:00 PM
Friday, 7:00 AM-7:00 PM

Hurst Senior Center

Membership Information

The new Hurst Senior Citizens Activities Center is open to Seniors only, ages 55 and over.

- Membership is required in order to attend and participate in the Senior Center. (Occasionally, we will offer special programs that are open to the general public.)
- Membership begins the day you register and pay, and ends one year from that date. For example, if you register and pay for your membership on February 1, your membership will expire on January 31 of the following year.
- Fees for the new Senior Center are as follows:
 - Hurst Residents - \$20 per membership year. (Equivalent of about \$1.67 per month)
 - Non-Residents - \$80 per membership year. (Equivalent of about \$6.67 per month)
- These fees include many free classes, programs, and activities at the Senior Center, and also include membership in our state-of-the-art Fitness Room.
- Some classes, programs, and activities may require additional fees to cover the cost of supplies, refreshments, and/or instructor fees.



Senior Center Summer Programs

We launched some great new programs at the beginning of the year that have all been well received! Many are taking advantage of our extended hours and our meal program. Just as a reminder, the Senior Center opens at 7:00 AM and closes at 7:00 PM Monday through Friday. We are open until 9:00 PM on Thursday. Don't forget you can also come to the Senior Center on Tuesdays for "A Quick Bite" where you can enjoy a sandwich of your choice, a cup of the Soup of the Day, a bag of chips and a fresh baked cookie or banana for only \$5.

We are also proud to report that we have gone green! We recently did away with the daily use of styrofoam cups and everyone is enjoying our "We Love Our Members" coffee cups. Reportedly, the cups make the coffee taste better! (Cups are kept in the café for your convenience). Everyone that renews their membership and all first time members will receive a coffee cup to take home. We have lots of exciting events and classes coming this Spring/

Summer so be sure to come to the Senior Center to see what's happening and to pick up your copy of the Senior Pipeline.

Below you will find a brief preview of some of our programs, classes, groups, activities and health related and educational seminars:

- Computer Classes
- Zumba Gold
- Tai Chi
- Yoga
- Fit Start Exercise
- Genealogy Research
- Grief Support
- The Red Hat Society Hurst Senior Center Chapter, "The Happy Hatters of Hurst"
- Glass Fusion
- Quilting Classes
- Karaoke

The Senior Center has many monthly held activities. Dances are held on the second and fourth Thursday of every month at 7:00 PM. Cost is \$5 at the door and

it's open to the public age 55+. Potluck Bingo is a FREE event and is always on the first Thursday of the month. Members are asked to bring a side dish or dessert to share. We offer Breakfast Club once a month for only \$3 per person. Space is limited and the menu varies so check the Senior Pipeline for details.



Events & Classes

Here are just a FEW of our Upcoming Events and Classes –
(*You must be a member to participate and sign-up may be required*)

April 19, 6:00 PM—Open Game Night

Games, Games, and more Games will be set up in the multi-purpose room for a fun evening with friends new and old! The Senior Center has a variety of games onsite, but you are welcome to bring your own. Bring a snack to share with the group and the Senior Center will provide the beverages.

April 25—Choctaw Casino Trip

Do you feel lucky? Then get on the bus and let's head out to Durant, Oklahoma for a day at Choctaw Casino. Pick up a copy of the *Senior Pipeline* or call the Senior Center for departure time, cost and other details.

April 27, 9:00-11:00 AM—Document Shredding

It's time for some spring cleaning. Do you have piles of old documents that need to be destroyed? Bring them to the Senior Center to be shredded and securely recycled by First Shred. By participating you will help save trees, water, landfill space, oil and electricity. FREE!

May 1, 10:30 AM—W.A. Porter Elementary Choir Concert

Come see this great group of kids as they do a special performance of their Spring Concert.

May 16, 11:00 AM—Ladies' Luncheon with Guest Speaker Rose-Mary Rumbley

Join us for this special event honoring the women of the Hurst Senior Center. Enjoy lunch and the antics of Rose-Mary Rumbley, humorist, teacher, actress, historian, journalist, author and more. \$5 per person.

May 23, 12:30 PM—AARP Driver Safety Program

Get caught up on current regulations, defensive driving techniques and how to drive more safely in today's increasingly challenging driving environment. Course participants may be eligible to receive an insurance discount. Consult your insurance agent for further details. \$12 for AARP members and \$14 for non-members.

June 25, Noon—Men's Hamburger Luncheon

Let's celebrate the fine men of the Senior Center with a fabulous lunch featuring good ole' fashioned hamburgers. \$4 per person.

June 27, 2:00 PM—Discover Switzerland, Austria & Bavaria with Collette Travel

Looking to get away? Join Collette Travel Tours as they share this exciting trip to Switzerland, Austria & Bavaria. Scheduled departure is April 2013.

Pick up a copy of the *Senior Pipeline*, the monthly newsletter, for more information on Senior Center programs and activities.





Hurst Public Library

901 Precinct Line Road
Phone: 817.788.7300

Get a Clue ... at Your Library

It's no mystery—the Hurst Public Library is a great place to be this summer! With three clubs—one for kids 6th grade and younger, one for teens in 7th through 12th grades, and one for adults of all ages—everyone has the opportunity for reading fun—and incentives, too! Registration begins May 29, and all clubs continue through July 31, with special programs for all ages starting in June. Come to the Library to register or register online at www.hurst.lib.tx.us.

For all 17 years of age and younger: Register, then read and log 15 hours of reading before July 25, and you qualify to attend the Texas Rangers game on July 29.

For all 12 and younger in the children's club: Register, then read and log 25 hours by the closing of the Reading Club (9 p.m. on Tuesday, July 31), and you qualify for a ticket to any DFW performance of the Ringling Bros. and Barnum & Bailey Circus.

Read All About It!

Youth Programs Ongoing Activities

Toddler Time

Ages 1-3 years

Mondays and Thursdays

10:00-10:30 AM

Story Time

Ages 3-6 years

Tuesdays and Wednesdays

10:45-11:15 AM

Chess Club

For elementary ages and up

Mondays

4:00-5:00 PM

Summer Reading Club

Whodunit? Summer Reading Kickoff

Tuesday, May 29 - 6:00-8:00 PM

You may register all day for the Reading Club, but at this special kick-off time, we'll have additional activities and special guests for you to enjoy. What will be happening? It's a mystery—come find out!

Mystery Mondays

For Kindergartners and younger

11:00 AM

Monday, June 11

Puppet People - Three puppet shows for your enjoyment

Monday, June 25

It's Book Time with Ronald McDonald

Monday, July 9

Margaret Clauder is Mother Goose

Monday, July 23

Puppet People - Three more shows to entertain you

Tuesdays Together

7:00 PM

A variety of programs for the whole family to enjoy together.

Tuesday, June 5

The Library Demystified! - Get to know the library in a fun, interactive way

Tuesday, June 12

Puppet People - Three puppet shows for your enjoyment

Tuesday, June 19

Brett Roberts - Magic School

Tuesday, June 26

Artistic Animals Abound - Family story time

Tuesday, July 3

Happy Birthday USA - Family story time

Tuesday, July 10

Science Solves It! - Hands on fun for kids and their parents

Tuesday, July 17

Science Solves It! - Hands on fun for kids and their parents

Tuesday, July 24

Puppet People - Three more shows to entertain you

It's Elementary Wednesdays

For 1st-6th graders
2:00 PM

Wednesday, June 6

Wildlife on the Move - The
Unhuggables

Wednesday, June 13

Dallas Puppet Theater - String
Variety

Wednesday, June 20

Get a Clue at Spy School - Cinde
Sanders

Wednesday, June 27

Mondo Drummers - Loud at the
Library

Wednesday, July 11

Get a Clue - Live interactive theater
by the TCC-NE Players

Wednesday, July 18

Zooiversity - Bringing wildlife indoors
Wednesday, July 25

Magic School Deluxe - Brett Roberts

Get a Clue with Geocaching

Did you participate in Hurst Public Library's reading club and Geocaching challenge last summer? This award winning program is back again this year!

Intro to Geocaching

Thursday, June 28
7:00 PM

Never been geocaching or even heard of it? That's okay, come to the library to find out all about how to get started in this fun and educational hobby for all ages!

Event Cache

Thursday, July 26
7:00-8:30 PM

Come to the library for an Event Cache—popcorn, puzzles and the chance to meet other North Texas area cachers.

Youdunit! Summer Reading Finale

Tuesday, July 31
10:00 AM-8:00 PM

The butler did it—but so did you! Now it's time to celebrate the reading you did all summer! There will be special activities throughout the day ending with **James Wand's Secret Agent Magic Show at 7:00 PM.**

Adult & Family Programs

Brown Bag Book Club

Bring your lunch and join us the first Thursday of every month for book discussions in the Reading Alcove. Check the library website, Facebook page or call to find out what we're reading!

Cropping Saturdays at the Library

Looking for a free place to spread out and work on your project? Bring your pages and supplies and join us the 2nd and 4th Saturday of every month in the library learning center for scrap booking fun.

Family Movie Matinees

Join us again this year for free movies and popcorn on the big screen. Every Friday at 3:00 PM, June 1-July 27.

MASTERWORKS SERIES

For all ages and open to the public, the MasterWorks Music Series is funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast.

Performing Arts at Heritage Village

Canta - Latin variety
Salsa with Salsa

Thursday, August 30
7:00 PM

Join us outside at Heritage Village Park. **Outdoor concert - please bring lawn chairs and a blanket.**

Evening Performances at the Library

Jason, George & Rhett - Acoustic
guitar trio

Thursday, May 17
7:00 PM

Flutissimo Flute Choir

Thursday, June 21
7:00 PM

Mark Shelton World Music

Thursday, July 19
7:00 PM

Lannaya West African Drum and Dance

Thursday, August 16
7:00 PM

**Outdoor concert - please bring
lawn chairs and a blanket.**

Noon MasterWorks at the Library Summer Series for Kids of All Ages Eddie Coker - Children's songwriter and musician

Friday, June 8
12:15 PM

Nana Puddin

Friday, July 13
12:15 PM

E Flat Porch Band Kids

Friday, August 10
12:15 PM

Teen Zone

Anime Club

7th - 12th graders
First Thursdays
6:00-8:00 PM

Thursday, June 7
Thursday, July 5

If you enjoy anime—watching it and talking about it—this is the place for you! Come to the Teen Zone with other teens that love anime, just for fun!



Teen Zone continued

Recycled Craft Night

7th - 12th graders

6:30-8:00 PM

Thursday, June 14

Thursday, July 12

We will be making recycled craft items! Come see what new crafts you can make out of repurposed things. All craft supplies will be provided. Bring a friend!

Teen Library Mystery Night

7th - 12th graders

5:30-10:00 PM

Friday, July 27

Experience the library after hours! Join us as the library hosts a, Library Mystery! Snacks will be provided. Register during summer reading club!

Hurst Public Library
*The place to go
 when you need to know!*

**Saturdays
 June 16-July 21
 Babygarten
 10:30-11:30 AM**

*Children birth-18 months
 and an accompanying caregiver*

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817.788.7302.

Visit the Library Online

www.hurst.lib.tx.us

View the iBistro catalog • Place items on hold
 View your own record • Renew materials online
 Home access to over 60 databases for research
 Download eAudiobooks and eBooks

Library Hours

Monday, Wednesday, Friday, Saturday

10:00 AM-6:00 PM

Tuesday & Thursday

10:00 AM-9:00 PM

Or

VISIT THE LIBRARY ONLINE ANY TIME



Hurst Recreation Center

Forecast for summer: Temperatures in the hundreds, and hundreds of opportunities for fitness and fun at the Hurst Recreation Center! During the summer heat, you can keep your cool in the air-conditioned comfort of the Hurst Recreation Center. Come and enjoy our activities and programs: hundreds of classes, shooting some hoops with your friends, enjoying a game of racquetball or volleyball, using the jogging/walking track to get some exercise, or working out in our state-of-the-art fitness center. Equipment used to participate in basketball, volleyball, racquetball, walleyball, and table tennis is available for check out, with your "Quality of Life" Rec Card, at the front desk at the Recreation Center.

If fitness is your thing, there are many fitness classes to help you reach all of your fitness goals. You can schedule a personal training session with our personal trainers to formulate

a custom-designed fitness plan, and our Fitness Center has all of the equipment you will need to complete your workouts. The Cardio Room has a total of ten treadmills and nine elliptical crosstrainers and all of these have individual television screens that will allow you to watch your favorite TV show while you workout, or use your iPod to listen to your favorite music, or watch your favorite movies. If you haven't tried out our two TechnoGym Crossovers and their unique lateral motion training, come check it out. In addition, there are also bikes, stair-climbers, rowing machines, and seated crosstrainers available for cardio workouts. Any complete fitness program also includes a strength training regiment, and we have an extensive selection of pin-selectorized, and plate-loaded strength equipment, as well as dumbbells, and flexibility equipment. For more information on any of our activities or classes, contact the front desk at the Recreation Center 817.788.7325.

Our Commitment to Quality:

Your satisfaction is our goal. . . we strive to provide you with quality recreation programs and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational, and life-long learning opportunities. If you

are not completely satisfied with your recreational experience, please call us at 817.788.7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities, and services that encourage life-long learning, fitness and fun.

Pre-School Programs

Mozart's Twos

(18 months-2 years)

Can you imagine the beautiful music your 2-year old and their new friends will create with musical instruments? They will play musical instruments and games. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13000-A	M	5:00-5:30PM	4WKS	6/4	\$12
13000-B	W	9:30-10:00AM	4WKS	6/6	\$12

SUMMER II

14000-A	M	5:00-5:30PM	4WKS	7/9	\$12
14000-B	W	9:30-10:00AM	4WKS	7/11	\$12

NEW! Leap into Art with Mom

(18 months-2 years)

Hey Mom! Let's create beautiful pieces of artwork together! We will create and have fun! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13020-A	M	4:30-5:00PM	4WKS	6/4	\$12
13020-B	W	9:00-9:30AM	4WKS	6/6	\$12

SUMMER II

14020-A	M	4:30-5:00PM	4WKS	7/9	\$12
14020-B	W	9:00-9:30AM	4WKS	7/11	\$12

Little Painters (2 years)

We'll create masterpieces using finger paints, stencils, sponges, and even rocks! (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER I

13333-A	TH	9:00-9:30AM	4WKS	6/7	\$13
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Awsome Two's

(2 years)

Let's get together and play! We will learn our shapes and colors, create crafts and just have a blast playing and learning at the same time! (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER I

13090-A	M	9:00-9:45AM	4WKS	6/4	\$13
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Mom & Me Soccer (2-3 years)

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a GOOOOOOOAAAAAALLLLL! (Tennis shoes required.)

Instructor: Kourtnee Castillo

SUMMER I

13700-A	F	9:00-9:30AM	4WKS	6/8	\$13
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SUMMER II

14700-A	F	9:00-9:30AM	4WKS	7/13	\$13
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Happy Feet (2 years)

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

Instructor: Dottie Nicholson

SUMMER I

13095-A	F	9:00-9:30AM	4WKS	6/8	\$13
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SUMMER II

14095-A	F	9:00-9:30AM	4WKS	7/13	\$13
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Colors & Shapes (2-3 years)

Let's learn about all the colors of the rainbow and the shapes that surround us! (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER II

14240-A	M	9:00-9:30AM	4WKS	7/9	\$13
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Creative Time For Tots (3-4 years)

This class is designed to teach your preschooler important social skills through interaction with others. Your child will prepare for Pre-K through an introduction to letters, numbers, and colors. In a structured, yet fun, environment, your child will learn through crafts, music, stories, and creative play. (Supply Fee \$10)

Instructor: Margaret Angel (Certified School Teacher)

SUMMER I

13040-A	MW	8:30-10:15AM	4WKS	6/4	\$29
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13040-B	TTH	8:30-10:15AM	4WKS	6/5	\$29
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SUMMER II

14040-A	MW	8:30-10:15AM	4WKS	7/9	\$29
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14040-B	TTH	8:30-10:15AM	4WKS	7/10	\$29
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Phonics Fun - Step I (3-5 years)

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13030-A	M	9:00-9:45AM	4WKS	6/4	\$13
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SUMMER II

14030-A	M	9:00-9:45AM	4WKS	7/9	\$13
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Phonics Fun - Step II (3-5 years)

Ready for more phonics? Come take the next step of Phonics Fun and learn some more! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13035-A	M	10:15-11:00AM	4WKS	6/4	\$13
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SUMMER II

14035-A	M	10:15-11:00AM	4WKS	7/9	\$13
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Math Fun (3-5 years)

Let's learn numbers the fun way! We will learn to add, subtract, and count. We will also use musical instruments to help us have fun while learning! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13205-A	M	9:45-10:15AM	4WKS	6/4	\$13
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SUMMER II

14205-A	M	9:45-10:15AM	4WKS	7/9	\$13
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Preschool & Youth Programs:

Just a couple of reminders...

With your child's best interest in mind, we ask that parents not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is affected by parental distractions and interruptions.

In order to provide the best learning environment, children 3-5 years must be toilet trained.



Cooking For Fun (3-6 years)

Let's learn about different foods and how to prepare them for us to enjoy! (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER I

13250-A	F	10:45-11:30AM	4WKS	6/8	\$12
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Gross Out Foods (3-6 years)

Some food looks too gross to eat, but what if you made food that looked gross on purpose? How about we make some Monster Fingers and Brains Salad? Yum! (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER II

14654-A	F	10:45-11:30AM	4WKS	7/13	\$13
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Messy on Purpose (3-6 years)

Do you like making a mess? Let's do it together! We will make a mess with homemade clay, shaving cream, and pudding, just to name a few. (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER II

14350-A	M	9:45-10:15AM	4WKS	7/9	\$12
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Summer Crafts (3-6 years)

Let's celebrate summer with a different craft each week! We'll make a t-shirt, tote bag, and other summer time crafts! (Supply Fee \$6)

Instructor: Dottie Nicholson

SUMMER I

13002-A	M	10:45-11:30AM	4WKS	6/4	\$13
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Hot Wheelers (3-6 years)

Vroom! Vroom! Calling all car enthusiasts for a fun time playing, crafting, stories, and games all about cars! (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER I

13140-A	M	11:45-12:30PM	4WKS	6/4	\$13
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Manners (3-6 years)

Need help in the manners department? We will focus on good manners needed in different situations. (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER II

14190-A	M	10:30-11:15AM	4WKS	7/9	\$13
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Kitchen Science (3-6 years)

Do you think about the world of science while in the kitchen? Science is all around us and we'll explore science in the kitchen! (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER I

13200-A	F	9:45-10:30AM	4WKS	6/8	\$13
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NEW! All Creatures Great and Small (3-6 years)

Did you know that animals can teach us? Come learn about animals, their traits, and what we learn from them. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13335-A	T	9:45-10:30AM	4WKS	6/5	\$13
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SUMMER I

14335-A	T	9:45-10:30AM	4WKS	7/10	\$13
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When Dinosaurs Roamed (3-6 years)

Do you LOVE dinosaurs? Come learn about all of the different dinosaurs that roamed our great State of Texas! We will have a great time learning through games, crafts, and stories. (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER I

13666-A	M	10:00-10:30AM	4WKS	6/4	\$13
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My Little Princess (3-6 years)

Calling all princesses of the royal kingdom! We will learn while having fun dressing up, role playing, listening to music and creating crafts. (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER I

13111-A	TH	9:45-10:30AM	4WKS	6/7	\$13
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Yes, I Can Draw (3-5 years)

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing. (Supply list)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13010-A	T	10:30-11:00AM	4WKS	6/5	\$12
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SUMMER II

14010-A	T	10:30-11:00AM	4WKS	7/10	\$12
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Creative Healthy Chef (3-5 years)

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy lunch. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13170-A	M	11:15-12:05PM	4WKS	6/4	\$13
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SUMMER II

14170-A	M	11:15-12:05PM	4WKS	7/9	\$13
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Fairy Fun (3-6 years)

Do you love fairies? Come create some fairy fun! (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13110-A	T	11:15-Noon	4WKS	6/5	\$13
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SUMMER II

14110-A	T	11:15-Noon	4WKS	7/10	\$13
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NEW! Pirate John La Foot Adventures

(3-6 years)

ARG! Do you like adventure? Come turn into a pirate while we have fun and develop our fine motor skills at the same time. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13888-A	T	9:00-9:45AM	4WKS	6/5	\$13
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SUMMER II

14888-A	T	9:00-9:45AM	4WKS	7/10	\$13
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Tap for Tots (3-5 years)

In this class your tot will become familiar with many of the single sound tap moves. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts. (Tap shoes required.)

Instructor: LaTisha Clay

SUMMER I

13065-A	T	11:00-11:30AM	4WKS	6/5	\$12
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13065-B	W	11:00-11:30AM	4WKS	6/6	\$12
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SUMMER II

14065-A	T	11:00-11:30AM	4WKS	7/10	\$12
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14065-B	W	11:00-11:30AM	4WKS	7/11	\$12
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Ballet for Tots (3-5 years)

In this class your tot will become familiar with basic barre and center work. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts. (Ballet shoes required.)

Instructor: LaTisha Clay

SUMMER I

13180-A	T	10:30-11:00AM	4WKS	6/5	\$12
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13180-B	W	10:30-11:00AM	4WKS	6/6	\$12
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SUMMER II

14180-A	T	10:30-11:00AM	4WKS	7/10	\$12
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14180-B	W	10:30-11:00AM	4WKS	7/11	\$12
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Nature Thought (3-6 years)

Come explore the nature around us. We will learn about and how to take care of the world around us. (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER II

14195-A	F	9:45-10:30AM	4WKS	7/13	\$13
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Rhyme Time (3-6 years)

Like Nursery Rhymes? We will take your favorites and act them out using props and plenty of imagination. (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER II

14777-A	M	11:30-12:15PM	4WKS	7/9	\$13
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Space Camp (3-6 years)

Come see how our world has changed through the space age. We will conduct experiments that relate to space. We will also learn about astronauts, space crafts, and the planets. We will explore space life and the physics of rockets!! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

13025-A	TH	9:00-9:45AM	4WKS	6/7	\$13
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SUMMER II

14025-A	TH	9:00-9:45AM	4WKS	7/12	\$13
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Little Tyke Soccer (4-6 years)

GGGOOOAAALLL! You will get your feet running and learn the basics of the world's most popular sport. (Tennis shoes required)

Instructor: Kourtnee Castillo

SUMMER I

13600-A	W	5:30-6:00PM	4WKS	6/6	\$13
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13600-B	F	9:30-10:00AM	4WKS	6/8	\$13
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SUMMER II

14600-A	W	5:30-6:00PM	4WKS	7/11	\$13
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14600-B	F	9:30-10:00AM	4WKS	7/13	\$13
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Little Tyke Basketball (5-7 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started. (Athletic shoes required.)

Instructor: Kourtnee Castillo

SUMMER I

13500-A	F	10:30-11:00AM	4WKS	6/8	\$13
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SUMMER II

14500-A	F	10:30-11:00AM	4WKS	7/13	\$13
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Pre-School Athletics (4-6 years)

Let's get moving this summer with Athletics! We will follow a typical PE format including individual skills as well as team interaction. (Athletic shoes required.)

Instructor: Tammy Slovensky

SUMMER I

13300-A	TH	11:40-12:10AM	4WKS	6/7	\$14
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SUMMER II

14300-A	TH	11:40-12:10AM	4WKS	7/12	\$14
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Pre-K Kids (4-5 years)

This class is designed to prepare your child for Kindergarten. Through crafts, stories, music, and play time, they will learn the alphabet, numbers, and colors in a structured, yet fun, environment. Your child will develop improved social skills through their interaction with other students. Be sure to bring a sack lunch. (Supply Fee \$10)

Instructor: Margaret Angel (Certified School Teacher)

SUMMER I

13050-A	MW	10:30-2:00PM	4WKS	6/4	\$50
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13050-B	TTH	10:30-2:00PM	4WKS	6/5	\$50
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SUMMER II

14050-A	MW	10:30-2:00PM	4WKS	7/9	\$50
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14050-B	TTH	10:30-2:00PM	4WKS	7/10	\$50
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Camps

Soccer Camp (5-7 years)

Are you ready to learn the game of soccer? We'll learn the basics of soccer mechanics: dribbling, shooting, and passing through fun and exciting drills. We will also begin to learn how to play the game of soccer as a team. Bring your soccer ball! This class will meet at the pavilion in Central Park, just south of the Recreation Center. (Athletic shoes and water bottle are required. Cleats and shin guards are recommended.)

Instructor: Luke Grimsley

SUMMER II

24999-A	M-F	9:00-10:00AM	1WK	7/9-7/13	\$35
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Summer Arts Camp (6-12 years)

The City of Hurst and the Arts Council of Northeast Tarrant County (ARTSNET) present Summer with the Arts for Ages 6 to 12! This unique program brings all the arts to you, featuring a different type of art each week! Please bring a snack for the Summer I session and a sack dinner for Summer II.

Instructors: provided by ARTSNET

SUMMER I

23888-A	M-F	9:00-Noon	3WKS	6/4	\$50
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SUMMER II

24888-A	M-TH	5:00-8:00PM	3WKS	7/9	\$50
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NEW! Lego Camp - Pre-Engineering with Lego (5-6 years)

Let your imagination run wild with over 100,000 pieces of LEGO! In this fun filled, creative class, kids learn building techniques that help make their ideas happen!

Instructor: Play-Well TEKologies

SUMMER I

23010-A	M-F	9:00-Noon	1WK	6/25-29	\$154
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SUMMER II

24010-A	M-F	9:00-Noon	1WK	7/30-8/3	\$154
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NEW! Lego Camp - Engineering Fundamentals with Lego

(7-11 years)

Power up your engineering skills with Play-Well TEKologies and over 100,000 pieces of LEGO! Kids apply real world concepts in physics, engineering, and architecture through projects designed by engineers. Instructors provide tools for students to take their creations further.

Instructor: Play-Well TEKologies

SUMMER I

23015-A	M-F	1:00-4:00PM	1WK	6/25-29	\$154
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SUMMER II

24015-A	M-F	1:00-4:00PM	1WK	7/30-8/3	\$154
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Guitar Camp (7+ years)

Are you ready to learn a lot about playing the guitar in a short period of time? Here's your opportunity to get a jump start in just four days! We will learn basic guitar technique, chords, and melodies to get you strumming.

Instructor: Dallas Kaemmerling

SUMMER I

(7-11 years)

23025-A	M-TH	3:00-3:45PM	1WK	6/11-6/14	\$24
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(12+ years)

23025-B	M-TH	4:00-4:45PM	1WK	6/11-6/14	\$24
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SUMMER II

(7-11 years)

24025-A	M-TH	3:00-3:45PM	1WK	7/23-7/26	\$24
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(12+ years)

24025-B	M-TH	4:00-4:45PM	1WK	7/23-7/26	\$24
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NEW! Physics Camp (6-12 years)

Come learn how the properties of physics impact our everyday lives. We will create experiments that will follow Sir Newton's Laws of Motion. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23055-A	T-TH	9:00-Noon	3 DAYS	5/29-31	\$36
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NEW! All Things 3-D Arts Camp (6-12 years)

We will spend the week creating projects in 3-D. We'll use clay, shrink film, and other media to create our 3-D works of art.

Instructor: Kelly Watkins (Certified School Teacher)

SUMMER II

24113-A	M-F	10:00-Noon	1WK	7/9-13	\$80
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24113-B	M-F	2:00-4:00PM	1WK	7/16-20	\$80
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NEW! Artist Trading Cards Camp (6-12 years)

We will spend the week creating miniature works of art that we will trade at the end of the week's "Trading Party." We'll work with water-colors, pen and ink drawing, clay, paint, and mixed media collages. Come join the fun!

Instructor: Kelly Watkins (Certified School Teacher)

SUMMER II

24118-A	M-F	10:00-Noon	1WK	7/16-20	\$80
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NEW! Texture Artist Camp (6-12 years)

We will spend the week working with textures creating projects in clay, crayon mosaics, foil, hot glue, metalworking and more.

Instructor: Kelly Watkins (Certified School Teacher)

SUMMER II

24119-A	M-F	10:00-Noon	1WK	7/23-27	\$80
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NEW! Recycled Media Art Camp (6-12 years)

Don't throw it away!! Let's recycle it and create awesome works of art! We will learn how we can recycle throw away items into our art projects. Come and be GREEN!

Instructor: Kelly Watkins (Certified School Teacher)

SUMMER II

24114-A	M-F	2:00-4:00PM	1WK	7/9-13	\$80
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One Time Classes

NEW! Beading Fun

(7+ years)

All of your supplies will be provided, you just have to show up! We'll use beads to create awesome projects! (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER I

23510-A T 2:30-3:30PM 1DAY 6/12 \$14

Summer Crafts for Girls (5-8 years)

Ready to create cool projects? We'll complete a tote bag, flip flops, and more! (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER I

23333-A T 2:30-3:30PM 1DAY 6/19 \$14

Fourth of July T-shirts (4-7 years)

Celebrate our nation's freedom with your custom made July 4th t-shirt! (Supply Fee \$5)

Instructor: Dottie Nicholson

SUMMER I

23232-A T 2:30-3:30PM 1DAY 6/26 \$14

Barbie Party

(3-6 years)

Let's play Barbies! We will dress up and play, create crafts, and even have a fashion show at the end of the party!

Instructor: Dottie Nicholson

SUMMER II

14055-A TH 9:00-10:30AM 1DAY 7/19 \$16

Yo Ho Yo Ho Pirate's Party (4-7 years)

Arg! Calling all pirates!! We'll play pirate games and even walk the plank!

Instructor: Dottie Nicholson

SUMMER II

14045-A TH 9:00-10:30AM 1DAY 7/26 \$16

Fairy Princess Party (3-6 years)

This party is for Fairy Princesses only! We'll play, create a craft, have a snack, and tell stories about Fairies. (Dress up clothes and wings will be provided.)

Instructor: Dottie Nicholson

SUMMER II

14825-A TH 9:00-10:30AM 1DAY 8/2 \$16

Youth Programs

Crafts-4-Kids (4-7 years)

Let's get crafty and have lots of fun making a different craft each week! (Supply Fee \$5)

Instructor: Kourtnee Castillo

SUMMER I

23000-A W 4:45-5:15PM 4WKS 6/6 \$13

SUMMER II

24000-A W 4:45-5:15PM 4WKS 7/11 \$13

Ballet (5-10 years)

In this class you will perform basic barre and center work. We will also work on technique, phrasing, timing, and other foundational dance concepts. (Ballet slippers required)

Instructor: LaTisha Clay

SUMMER I

23140-A T 2:00-2:45PM 4WKS 6/5 \$13

SUMMER II

24140-A T 2:00-2:45PM 4WKS 7/10 \$13

Tap (5-10 years)

In this class you will learn the basics of tap dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts. (Tap shoes required)

Instructor: LaTisha Clay

SUMMER I

23160-A W 2:00-2:45PM 4WKS 6/6 \$13

SUMMER II

24160-A W 2:00-2:45PM 4WKS 7/11 \$13

Please Remember

With your child's best interest in mind, we ask that parents not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is affected by parental distractions and interruptions.



Jazz (5-10 years)

In this class you will learn the basics of jazz dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts. (Sneakers required)

Instructor: LaTisha Clay

SUMMER I

23150-A	W	2:45-3:30PM	4WKS	6/6	\$13
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SUMMER II

24150-A	W	2:45-3:30PM	4WKS	7/11	\$13
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Hip-Hop Dance (5-10 years)

In this class you will learn the basics of hip-hop dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts. (Sneakers required)

Instructor: LaTisha Clay

SUMMER I

23070-A	T	2:45-3:30PM	4WKS	6/5	\$13
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SUMMER II

24070-A	T	2:45-3:30PM	4WKS	7/10	\$13
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NEW! Creative Dance (7-12 years)

Do you love listening and dancing to music? We'll get those creative juices flowing and our bodies moving!

Instructor: Adam Jupiter

SUMMER I

23075-A	S	Noon-1:00PM	4WKS	6/9	\$14
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SUMMER II

24075-A	S	Noon-1:00PM	4WKS	7/14	\$14
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Creative Healthy Chef (6-12 years)

Calling all hungry kids to the kitchen for some fun! Come learn how to create a healthy lunch. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23060-A	M	12:15-1:05PM	4WKS	6/4	\$13
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SUMMER II

24060-A	M	12:15-1:05PM	4WKS	7/9	\$13
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Gross Out Foods (7+ years)

Some food looks too gross to eat, but what if you made food that looked gross on purpose? How about we make some Monster Fingers and Brains Salad? Yum! (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER II

24145-A	F	11:30-12:15PM	4WKS	7/13	\$13
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Jr. Chefs (7+ years)

Let's get together and make some great recipes from scratch! We will learn how to read and follow a recipe to create tasty dishes! (Supply Fee \$10)

Instructor: Dottie Nicholson

SUMMER I

23145-A	F	11:30-12:15PM	4WKS	6/8	\$13
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Sewing Club - I (7+ years)

We will learn basic sewing techniques by hand and by machines. We will also learn how to select and sew by using a pattern. (Supply Fee \$15, and includes all supplies except for scissors.)

Instructor: Dottie Nicholson

SUMMER I

23420-A	T	10:15-11:15AM	4WKS	6/5	\$14
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SUMMER II

24420-A	T	10:15-11:15AM	4WKS	7/10	\$14
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Sewing Club - II (7+ years)

Now that you have taken Sewing Club I, let's learn MORE! We'll expand what you already know and learn additional skills. (Supply Fee \$15, and includes all supplies except for scissors.)

Instructor: Dottie Nicholson

SUMMER I

23430-A	T	11:30-12:30PM	4WKS	6/5	\$14
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SUMMER II

24430-A	T	11:30-12:30PM	4WKS	7/10	\$14
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NEW! Sewing for Boys (7+ years)

We will learn basic sewing techniques by hand and by machines. We will sew projects that tailor to boys. One of our projects will be a smelly clothes bag. (Supply Fee \$15, and includes all supplies except for scissors.)

Instructor: Dottie Nicholson

SUMMER I

23425-A	T	9:00-10:00AM	4WKS	6/5	\$14
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SUMMER II

24425-A	T	9:00-10:00AM	4WKS	7/10	\$14
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NEW! Recycled Media Art (6-12 years)

Don't throw it away!! Let's recycle it and create awesome works of art! We will learn how we can recycle throw away items into our art projects. Come and be GREEN! (Supply Fee \$5)

Instructor: Kelly Watkins (Certified School Teacher)

SUMMER I

23185-A	M	1:00-1:50PM	4WKS	6/4	\$13
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23185-B	W	1:00-1:50PM	4WKS	6/6	\$13
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Young Artist - Painters (6-12 years)

Are you a young painter who needs inspiration? Join us to explore the basics of color and painting while practicing on some creative projects. (Supply Fee \$10)

Instructor: Kelly Watkins (Certified School Teacher)

SUMMER I

23222-A	M	10:00-10:50AM	4WKS	6/4	\$13
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23222-B	T	1:00-1:50PM	4WKS	6/5	\$13
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23222-C	W	Noon-12:50PM	4WKS	6/6	\$13
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23222-D	TH	3:00-3:50PM	4WKS	6/7	\$13
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Young Artists 3-D (6-12 years)

Do you enjoy creating with paper and clay? We will learn the basics of sculpture through clay projects, 3-D paper crafting, and foam. (Supply Fee \$15)

Instructor: Kelly Watkins (Certified School Teacher)

SUMMER I

23666-A	M	11:00-11:50AM	4WKS	6/4	\$13
23666-B	T	2:00-2:50PM	4WKS	6/5	\$13
23666-C	W	10:00-10:50AM	4WKS	6/6	\$13
23666-D	TH	2:00-2:50PM	4WKS	6/7	\$13

Young Artists Explore Texture (6-12 years)

Join us to explore the basics of texture to help stimulate creativity. Our activities will include: sunflowers, treasure maps, paper weaving, and repousse. (Supply Fee \$15)

Instructor: Kelly Watkins (Certified School Teacher)

SUMMER I

23444-A	M	Noon-12:50PM	4WKS	6/4	\$13
23444-B	T	3:00-3:50PM	4WKS	6/5	\$13
23444-C	W	11:00-11:50AM	4WKS	6/6	\$13
23444-D	TH	1:00-1:50PM	4WKS	6/7	\$13

NEW! Medieval Drawing 101 (5-12 years)

Yes, you can draw! You will draw castles, knights, and even dragons using drawing pencils, colors, and paper. (Supply list)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23005-A	W	12:30-1:15PM	4WKS	6/6	\$13
23005-B	TH	10:30-11:15PM	4WKS	6/7	\$13

SUMMER II

24005-A	W	12:30-1:15PM	4WKS	7/11	\$13
24005-B	TH	10:30-11:15PM	4WKS	7/12	\$13

Let's Draw & Paint - Ocean Animals

(5-12 years)

Calling all kids! Come explore your creative side by creating your very own watercolors of ocean themed subjects. You will learn about color combinations and different applications. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23090-A	W	10:00-11:00AM	4WKS	6/6	\$13
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SUMMER II

24090-A	W	10:00-11:00AM	4WKS	7/11	\$13
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Salt Dough 101

(6-12 years)

Using salt dough, we will create sea creatures from land or sea. Soon, you will create a menagerie! (Supply Fee \$6)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23065-A	W	11:00-11:45PM	4WKS	6/6	\$13
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SUMMER II

24065-A	W	11:00-11:45PM	4WKS	7/11	\$13
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Scrapbooking Basics (6-10 years)

We will work on the basics of scrapbooking and also create some fun crafts. (Supply Fee \$10)

Instructor: Shanell Jupiter

SUMMER I

23440-A	S	9:05-9:55AM	4WKS	6/9	\$13
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SUMMER II

24440-A	S	9:05-9:55AM	4WKS	7/14	\$13
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Papier Mache (6-12 years)

Come get messy with papier mache and create your very own mask and frame. (Supply Fee \$6)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23100-A	W	11:45-12:30PM	4WKS	6/6	\$13
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SUMMER II

24100-A	W	11:45-12:30PM	4WKS	7/11	\$13
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Tie-Dye Fun (6-12 years)

It's time to relive the groovy times of tie-dye! You will create your own unique t-shirt and bandanas! (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23040-A	T	Noon-12:45PM	4WKS	6/5	\$13
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SUMMER II

24040-A	T	Noon-12:45PM	4WKS	7/10	\$13
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Girl's Spa (6-12 years)

Like to pamper yourself? We'll learn how to make our own soap, lotions, and body scrubs! (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23130-A	M	1:05-2:00PM	4WKS	6/4	\$13
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SUMMER II

24130-A	M	1:05-2:00PM	4WKS	7/9	\$13
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Chemistry Fun 101 (5-12 years)

Ever wonder about how scientists figure things out? They use chemistry to study the properties and interactions of different forms of matter. Come see how home chemistry defines our world! (Supply Fee \$8)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23555-A	TH	9:45-10:30AM	4WKS	6/7	\$13
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SUMMER II

24555-A	TH	9:45-10:30AM	4WKS	7/12	\$13
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NEW! Reading Club - Summer of the Swans by Betsy Byors

(6-12 years)

Come and read the *Summer of the Swans* by Betsy Byors. This book is about the longest day in a 14 year olds life. (Supply Fee \$8)

Instructor: Mary Cassidy (Certified School Teacher)

SUMMER I

23456-A	TH	11:15-Noon	4WKS	6/7	\$12
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SUMMER II

24456-A	TH	11:15-Noon	4WKS	7/12	\$12
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Guitar - Beginner (7+ years)

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar. Fee includes textbook.

Instructor: Dallas Kaemmerling

SUMMER I

(7-11 years)

23020-A	T	5:00-5:45PM	4WKS	6/5	\$20
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(12+ years)

23020-B	T	6:00-6:50PM	4WKS	6/5	\$20
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SUMMER II

(7-11 years)

24020-A	T	5:00-5:45PM	4WKS	7/10	\$20
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(12+ years)

24020-B	T	6:00-6:50PM	4WKS	7/10	\$20
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Athletics (6-13 years)

Let's get moving this summer with Athletics! We will follow a typical PE format including individual skills as well as team interaction. (Athletic shoes required)

SUMMER I

Instructor: Tammy Slovensky

(7-10 years)

23600-A	M	11:45-12:15PM	4WKS	6/4	\$14
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(10-13 years)

23600-B	W	11:45-12:15PM	4WKS	6/6	\$14
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Instructor: Miranda Slovensky

(5-7 years)

23600-C	T	9:30-10:00AM	4WKS	6/5	\$14
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(7-10 years)

23600-D	T	10:00-10:30AM	4WKS	6/5	\$14
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(10-13 years)

23600-E	T	10:30-11:00AM	4WKS	6/5	\$14
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SUMMER II

Instructor: Tammy Slovensky

(7-13 years)

24600-A	W	11:45-12:15PM	4WKS	7/11	\$14
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Instructor: Luke Grimsley

(6-9 years)

24600-B	M	10:30-11:30AM	4WKS	7/9	\$18
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(10-13 years)

24600-C	M	11:35-12:35PM	4WKS	7/9	\$18
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Instructor: Miranda Slovensky

(5-7 years)

24600-D	T	9:30-10:00AM	4WKS	7/10	\$14
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(7-10 years)

24600-E	T	10:00-10:30AM	4WKS	7/10	\$14
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(10-13 years)

24600-F	T	10:30-11:00AM	4WKS	7/10	\$14
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Soccer Skills (7-12 years)

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills. (Athletic shoes required.)

Instructor: Kourtnee Castillo

SUMMER I

23500-A	W	6:00-6:30PM	4WKS	6/6	\$11
23500-B	F	10:00-10:30AM	4WKS	6/8	\$11

SUMMER II

24500-A	W	6:00-6:30PM	4WKS	7/11	\$11
24500-B	F	10:00-10:30AM	4WKS	7/13	\$11

Basketball Basics (7-12 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started. (Athletic shoes required.)

Instructor: Kourtnee Castillo

SUMMER I

23030-A	W	6:30-7:00PM	4WKS	6/6	\$11
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SUMMER II

24030-A	W	6:30-7:00PM	4WKS	7/11	\$11
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Girls Volleyball Beginner Basics (6-15 years)

Do you have an interest in playing volleyball? We will learn the basics to get you started. (Athletic shoes required.)

SUMMER I

Instructor: Kourtnee Castillo

(8-12 years)

23035-A	W	7:15-7:45PM	4WKS	6/6	\$11
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Instructor: Shanell Jupiter

(6-15 years)

23035-B	S	10:00-11:00AM	4WKS	6/9	\$14
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SUMMER II

Instructor: Kourtnee Castillo

(8-12 years)

24035-A	W	7:15-7:45PM	4WKS	7/11	\$11
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Instructor: Shanell Jupiter

(6-15 years)

24035-B	S	10:00-11:00AM	4WKS	7/14	\$14
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Tae Kwon Do and Jujutsu for Kids (6-12 years)

This class will teach basic and advanced Tae Kwon Do techniques as well as self defense techniques of escapes, take downs and disabling from jujutsu.

Instructor: Paul Kearney (3rd degree black belt in Tae Kwon Do, 1st degree black belt in Judo and Aikijujutsu, and a blue belt in Brazilian Jujitsu.)

MAY

22200-C	TH	6:30-7:30PM	4WKS	5/3	\$40
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JUNE

23200-A	TH	6:30-7:30PM	4WKS	6/7	\$40
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JULY

23200-B	TH	6:30-7:30PM	4WKS	7/5	\$40
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AUGUST

23200-C	TH	6:30-7:30PM	4WKS	8/2	\$40
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ITF - Tae Kwon Do (5+ years)

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self esteem, and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

SUMMER I

(White belts)

23700-A	S	9:05-10:05AM	4WKS	6/9	\$28
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(Color belts)

23700-B	S	10:10-11:10AM	4WKS	6/9	\$28
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SUMMER II

(White belts)

24700-A	S	9:05-10:05AM	4WKS	7/14	\$28
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(Color belts)

24700-B	S	10:10-11:10AM	4WKS	7/14	\$28
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Olympic Sport of Judo (6-12 years)

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 9-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an on-going monthly class.

Instructor: : Kim Mesa (5th degree black belt and certified USA Judo International Coach)

MAY

22900-C	M	6:00-7:00 PM	4WKS	5/7	\$35
	S	9:05-10:00AM			

JUNE

23900-A	M	6:00-7:00 PM	4WKS	6/4	\$35
	S	9:05-10:00AM			

JULY

23900-B	M	6:00-7:00 PM	4WKS	7/2	\$35
	S	9:05-10:00AM			

AUGUST

23900-C	M	6:00-7:00 PM	4WKS	8/6	\$35
	S	9:05-10:00AM			

Karate/Self-Defense (5-15 years)

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

SUMMER I

(Beginner 8-15 years)

23111-A	M	6:00-8:00PM	4WKS	6/4	\$17
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(Beginner 5-7 years)

23111-B	MW	4:00-5:00PM	4WKS	6/4	\$17
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(Advanced 8-15 years)

23111-C	MW	5:00-6:00PM	4WKS	6/4	\$17
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SUMMER II

(Beginner 8-15 years)

24111-A	M	6:00-8:00PM	4WKS	7/9	\$17
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(Beginner 5-7 years)

24111-B	MW	4:00-5:00PM	4WKS	7/9	\$17
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(Advanced 8-15 years)

24111-C	MW	5:00-6:00PM	4WKS	7/9	\$17
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Gymnastics Programs

Parent/Tot Tumbling (16-36 mos)

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination.

One child per parent.

SUMMER I**Instructor:** Tammy Slovensky

33040-A	M	9:30-10:00AM	4WKS	6/4	\$12
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33040-B	W	9:30-10:00AM	4WKS	6/6	\$12
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33040-C	TH	9:30-10:00AM	4WKS	6/7	\$12
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Instructor: Miranda Slovensky

33040-D	TH	6:00-6:30PM	4WKS	6/7	\$12
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SUMMER II**Instructor:** Tammy Slovensky

34040-A	M	9:30-10:00AM	4WKS	7/9	\$12
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34040-B	W	9:30-10:00AM	4WKS	7/11	\$12
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34040-C	TH	9:30-10:00AM	4WKS	7/12	\$12
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Instructor: Miranda Slovensky

34040-D	TH	6:00-6:30PM	4WKS	7/12	\$12
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Tiny Tikes (2.5-3.5 years)

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

SUMMER I**Instructor:** Tammy Slovensky

33030-A	M	10:00-10:30AM	4WKS	6/4	\$12
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33030-B	W	10:00-10:30AM	4WKS	6/6	\$12
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33030-C	TH	10:00-10:30AM	4WKS	6/7	\$12
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Instructor: Kathryn Cassidy

33030-D	T	9:00-9:30AM	4WKS	6/5	\$12
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33030-E	W	9:00-9:30AM	4WKS	6/6	\$12
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33030-F	TH	9:00-9:30AM	4WKS	6/7	\$12
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SUMMER II**Instructor:** Tammy Slovensky

34030-A	M	10:00-10:30AM	4WKS	7/9	\$12
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34030-B	W	10:00-10:30AM	4WKS	7/11	\$12
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34030-C	TH	10:00-10:30AM	4WKS	7/12	\$12
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Instructor: Kathryn Cassidy

34030-D	T	9:00-9:30AM	4WKS	7/10	\$12
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34030-E	W	9:00-9:30AM	4WKS	7/11	\$12
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34030-F	TH	9:00-9:30AM	4WKS	7/12	\$12
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Tumbling Tots I (3-4 years)

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

SUMMER I**Instructor:** Tammy Slovensky

33011-A	M	10:30-11:00AM	4WKS	6/4	\$12
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33011-B	W	10:30-11:00AM	4WKS	6/6	\$12
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33011-C	TH	10:30-11:00AM	4WKS	6/7	\$12
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Instructor: Kathryn Cassidy

33011-D	M	3:30-4:00PM	4WKS	6/4	\$12
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33011-E	T	9:30-10:00AM	4WKS	6/5	\$12
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33011-F	W	9:30-10:00AM	4WKS	6/6	\$12
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33011-G	W	Noon-12:30PM	4WKS	6/6	\$12
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33011-H	W	3:00-3:30PM	4WKS	6/6	\$12
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33011-I	TH	9:30-10:00AM	4WKS	6/7	\$12
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33011-J	TH	Noon-12:30PM	4WKS	6/7	\$12
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SUMMER II**Instructor:** Tammy Slovensky

34011-A	M	10:30-11:00AM	4WKS	7/9	\$12
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34011-B	W	10:30-11:00AM	4WKS	7/11	\$12
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34011-C	TH	10:30-11:00AM	4WKS	7/12	\$12
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Instructor: Kathryn Cassidy

34011-D	M	3:30-4:00PM	4WKS	7/9	\$12
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34011-E	T	9:30-10:00AM	4WKS	7/10	\$12
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34011-F	W	9:30-10:00AM	4WKS	7/11	\$12
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34011-G	W	Noon-12:30PM	4WKS	7/11	\$12
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34011-H	W	3:00-3:30PM	4WKS	7/11	\$12
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34011-I	TH	9:30-10:00AM	4WKS	7/12	\$12
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34011-J	TH	Noon-12:30PM	4WKS	7/12	\$12
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Help Us Help You!

Please enroll early!
Help us keep your favorite classes around by enrolling early. There is a point when classes must be cancelled due to low enrollment. Help us prevent course cancellations by registering early.

Tumbling Tots II (4-5 years)

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

SUMMER I

Instructor: Tammy Slovensky

33022-A	M	11:00-11:30AM	4WKS	6/4	\$12
33022-B	W	11:00-11:30AM	4WKS	6/6	\$12
33022-C	TH	11:00-11:30AM	4WKS	6/7	\$12

Instructor: Miranda Slovensky

33022-D	T	11:10-11:40AM	4WKS	6/5	\$12
33022-E	TH	5:30-6:00PM	4WKS	6/7	\$12

Instructor: Kathryn Cassidy

33022-F	M	4:00-4:30PM	4WKS	6/4	\$12
33022-G	T	10:00-10:30AM	4WKS	6/5	\$12
33022-H	W	10:00-10:30AM	4WKS	6/6	\$12
33022-I	W	12:30-1:00PM	4WKS	6/6	\$12
33022-J	W	3:30-4:00PM	4WKS	6/6	\$12
33022-K	TH	10:00-10:30AM	4WKS	6/7	\$12

SUMMER II

Instructor: Tammy Slovensky

34022-A	M	11:00-11:30AM	4WKS	7/9	\$12
34022-B	W	11:00-11:30AM	4WKS	7/11	\$12
34022-C	TH	11:00-11:30AM	4WKS	7/12	\$12

Instructor: Miranda Slovensky

34022-D	T	11:10-11:40AM	4WKS	7/10	\$12
34022-E	TH	5:30-6:00PM	4WKS	7/12	\$12

Instructor: Kathryn Cassidy

34022-F	M	4:00-4:30PM	4WKS	7/9	\$12
34022-G	T	10:00-10:30AM	4WKS	7/10	\$12
34022-H	W	10:00-10:30AM	4WKS	7/11	\$12
34022-I	W	12:30-1:00PM	4WKS	7/11	\$12
34022-J	W	3:30-4:00PM	4WKS	7/11	\$12
34022-K	TH	10:00-10:30AM	4WKS	7/12	\$12

Tumbling Tots III (4-6 years)

This class is designed for tumblers who have already taken Tumbling Tots I and Tumbling Tots II. Your child must be able to do a forward roll and a cartwheel.

SUMMER I

Instructor: Miranda Slovensky

33033-A	T	11:40-12:10PM	4WKS	6/5	\$12
33033-B	TH	5:00-5:30PM	4WKS	6/7	\$12

Instructor: Kathryn Cassidy

33033-C	M	4:30-5:00PM	4WKS	6/4	\$12
33033-D	T	10:30-11:00AM	4WKS	6/5	\$12
33033-E	W	10:30-11:00AM	4WKS	6/6	\$12
33033-F	W	4:00-4:30PM	4WKS	6/6	\$12
33033-G	TH	10:30-11:00AM	4WKS	6/7	\$12

SUMMER II

Instructor: Miranda Slovensky

34033-A	T	11:40-12:10PM	4WKS	7/10	\$12
34033-B	TH	5:00-5:30PM	4WKS	7/12	\$12

Instructor: Kathryn Cassidy

34033-C	M	4:30-5:00PM	4WKS	7/9	\$12
34033-D	T	10:30-11:00AM	4WKS	7/10	\$12
34033-E	W	10:30-11:00AM	4WKS	7/11	\$12
34033-F	W	4:00-4:30PM	4WKS	7/11	\$12
34033-G	TH	10:30-11:00AM	4WKS	7/12	\$12



Tri-Cities Promenadors:

Did you know that the Tri-Cities Promenadors offer Square Dance lessons at the Brookside Center on Tuesday nights from 7:30-9:30 p.m.? **Drop by and give it a try!**

Beginner Gymnastics (5-10 years)

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars, and vault.

SUMMER I

Instructor: Tana Eden

(5-9 years)

33051-A	M	4:00-5:00PM	4WKS	6/4	\$14
33051-B	M	5:00-6:00PM	4WKS	6/4	\$14
33051-C	T	4:00-5:00PM	4WKS	6/5	\$14
33051-D	T	5:00-6:00PM	4WKS	6/5	\$14
33051-E	W	4:00-5:00PM	4WKS	6/6	\$14
33051-F	W	5:00-6:00PM	4WKS	6/6	\$14
33051-G	TH	4:00-5:00PM	4WKS	6/7	\$14
33051-H	TH	5:00-6:00PM	4WKS	6/7	\$14

Instructor: Kathryn Cassidy

(6-10 years)

33051-I	M	5:00-6:00PM	4WKS	6/4	\$14
33051-J	T	11:00-Noon	4WKS	6/5	\$14
33051-K	T	Noon-1:00PM	4WKS	6/5	\$14
33051-L	W	11:00-Noon	4WKS	6/6	\$14
33051-M	W	4:30-5:30PM	4WKS	6/6	\$14
33051-N	TH	11:00-Noon	4WKS	6/7	\$14

SUMMER II

Instructor: Tana Eden

(5-9 years)

34051-A	M	4:00-5:00PM	4WKS	7/9	\$14
34051-B	M	5:00-6:00PM	4WKS	7/9	\$14
34051-C	T	4:00-5:00PM	4WKS	7/10	\$14
34051-D	T	5:00-6:00PM	4WKS	7/10	\$14
34051-E	W	4:00-5:00PM	4WKS	7/11	\$14
34051-F	W	5:00-6:00PM	4WKS	7/11	\$14
34051-G	TH	4:00-5:00PM	4WKS	7/12	\$14
34051-H	TH	5:00-6:00PM	4WKS	7/12	\$14

Instructor: Kathryn Cassidy

(6-10 years)

34051-I	M	5:00-6:00PM	4WKS	7/9	\$14
34051-J	T	11:00-Noon	4WKS	7/10	\$14
34051-K	T	Noon-1:00PM	4WKS	7/10	\$14
34051-L	W	11:00-Noon	4WKS	7/11	\$14
34051-M	W	4:30-5:30PM	4WKS	7/11	\$14
34051-N	TH	11:00-Noon	4WKS	7/12	\$14

NEW! Advanced Gymnastics

(7-12 years)

If you have taken Beginning Gymnastics and have mastered the basics, it's time to move into the more advanced levels.

Instructor: Joshua Dooley

SUMMER I

33062-A	TH	7:00-8:00PM	4WKS	6/7	\$14
33062-B	TH	8:00-9:00PM	4WKS	6/7	\$14

SUMMER II

34062-A	TH	7:00-8:00PM	4WKS	7/12	\$14
34062-B	TH	8:00-9:00PM	4WKS	7/12	\$14

Tumbling for Beginning and

Competitive Gymnasts (8-12 years)

If you are gearing up to start competitive gymnastics, this class will help you with your tumbling. We will work on connecting your cartwheels, front and back hand springs, round offs, back walkovers, and more. (You will need to be able to do handstand and bridge up.)

Instructor: Brittany Hamilton

SUMMER I

33100-A	T	7:00-8:30PM	4WKS	6/5	\$20
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SUMMER II

34100-A	T	7:00-8:30PM	4WKS	7/10	\$20
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Tumbling for Intermediate Competitive

Gymnasts (12+ years)

We'll continue to improve your tumbling skills and work towards the next level of more advanced tumbling components. (Must have taken the beginning tumbling class.)

Instructor: Brittany Hamilton

SUMMER I

33120-A	TH	7:45-8:45PM	4WKS	6/7	\$15
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SUMMER II

34120-A	TH	7:45-8:45PM	4WKS	7/12	\$15
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NEW! Private Tumbling Lessons (8+ years)

Do you need one-on-one instruction? The lesson will consist of 10-15 minutes of warm up stretching and the 30 minutes of private instruction based on your needs. Pre-registration is required for each lesson. Tuesdays from 8:30-9:15PM and Thursdays 8:45-9:30PM are available June-August. Each private lesson is \$30.

Instructor: Brittany Hamilton

Adult Programs

Personal Training

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. A one hour session is \$41 or a series of five is \$172. Sessions are set by appointment.

Instructors: William Reed (Certified Personal Trainer) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

Instructors: William Reed (Certified Personal Trainer) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Nutrition Counseling

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders, and general wellness. A one-hour session is \$55 or a series of 3 sessions is \$130. All evaluations are done by appointment.

Instructor: Esther White (MS, RD, CSSD, LD)

The Power Package

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes 2 sessions focused on nutrition with a customized diet plan and 2 sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for the 4 sessions. All evaluations are done by appointment.

Instructors: Esther White (MS, RD, CSSD, LD); William Reed (Certified Personal Trainer) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

SUMMER I

43010-A	MWThF	8:30-9:15AM	4WKS	6/4	\$15
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SUMMER II

44010-A	MWThF	8:30-9:15AM	4WKS	7/9	\$15
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Mix It Up Aerobics

Come have fun getting in shape with this versatile class. We do a variety of fun cardio and strength work to keep it fun, interesting, and challenging. If you have never exercised before or if you have been for years, this class is for you! Come mix it up with us and have a great time achieving your goals!

Instructor: Behka Hartmann (Certified Fitness Instructor)

SUMMER I

43040-A	MWF	9:15-10:15AM	4WKS	6/4	\$20
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SUMMER II

44040-A	MWF	9:15-10:15AM	4WKS	7/9	\$20
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Zumba

This class can only be described as FUN!! If you want to party, laugh, and have a great time while you lose those unwanted inches come and join us! The Latin inspired, easy-to-follow, calorie burning, dance fitness party. Feel the music and let loose. Every day of class is a whole new set of dancing and fun.

Instructor: Behka Hartmann (Certified Fitness Instructor)

SUMMER I

43065-A	MW	6:05-7:00PM	4WKS	6/4	\$20
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SUMMER II

44065-A	MW	6:05-7:00PM	4WKS	7/9	\$20
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Zumba Gold Toning

Come learn the basic techniques of Zumba in this energizing fitness class. It's a great way to get your groove on! This is a great way for all ages to get started in Zumba or need a lower intensity. We'll use the musical maraca sounding toning sticks to bump up the work out by adding resistance. It's great for the mind, body, and soul!

Instructor: Behka Hartmann (Certified Fitness Instructor)

SUMMER I

43050-A	TTH	7:30-8:30AM	4WKS	6/5	\$20
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SUMMER II

44050-A	TTH	7:30-8:30AM	4WKS	7/10	\$20
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Active Independents

Attention Seniors! Are you looking for an exercise class scaled to your fitness level? This class is an all inclusive functional fitness with focus on the 10 points of fitness.

Instructor: William Reed (Certified Fitness Instructor)

MAY

42333-B	MW	10:30-11:30AM	4WKS	5/2	\$25
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JUNE

43333-A	MW	10:30-11:30AM	4WKS	6/4	\$25
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JULY

43333-B	MW	10:30-11:30AM	4WKS	7/2	\$25
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AUGUST

43333-C	MW	10:30-11:30AM	4WKS	8/1	\$25
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Camp HRC

Do you have high blood pressure, Type II Diabetes (adult onset), low back pain (non-traumatic), feel sluggish, and just physically unconditioned? It's time to get in shape! Exercise can prevent, treat, and cure diseases associated with poor diet and sedentary lifestyle. Exercise to increase metabolism, bone density, improve body composition, increase energy levels, and more.

Instructor: Bilal Konte (B.S. Kinesiology/Master of Fitness Specialist)

MAY

42998-B	MW	7:10-8:10 PM	4WKS	5/2	\$25
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JUNE

43998-A	MW	7:10-8:10 PM	4WKS	6/4	\$25
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JULY

43998-B	MW	7:10-8:10 PM	4WKS	7/2	\$25
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AUGUST

43998-C	MW	7:10-8:10 PM	4WKS	8/1	\$25
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Bootcamp

Today's the day to achieve the goal you have been putting off.

Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training, and much more. Decide today that YOU ARE WORTH IT!

Instructor: Behka Hartmann (Certified Fitness Instructor)

MAY

42420-B	MW	6:35-7:30AM	4WKS	5/2	\$25
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JUNE

43420-A	MW	6:35-7:30AM	4WKS	6/4	\$25
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JULY

43420-B	MW	6:35-7:30AM	4WKS	7/2	\$25
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AUGUST

43420-C	MW	6:35-7:30AM	4WKS	8/1	\$25
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Extreme Fitness

This high intensity, total body workout uses functional every day movements to get you exercising. The workout and movements will be scaled to meet your personal fitness level and ability.

Instructor: William Reed (Certified Fitness Instructor, Certified Crossfit Instructor)

MAY

42005-B	TTH	6:00-6:55PM	4WKS	5/1	\$25
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JUNE

43005-A	TTH	6:00-6:55PM	4WKS	6/5	\$25
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JULY

43005-B	TTH	6:00-6:55PM	4WKS	7/3	\$25
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AUGUST

43005-C	TTH	6:00-6:55PM	4WKS	8/2	\$25
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Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

Instructor: Esther White (MS, RD, CSSD, LD)

SUMMER I

43015-A	TTH	6:35-7:25AM	4WKS	6/5	\$18
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SUMMER II

44015-A	TTH	6:35-7:25AM	4WKS	7/10	\$18
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Cycle and Core

A challenging combo class of cycling and strength to give you that total body workout to burn fat and calories! Bring water, a towel, bike shorts or a padded seat cover, and determination!


Instructor: Esther White (MS, RD, CSSD, LD)

SUMMER I

43300-A	T	5:15-6:35PM	4WKS	6/5	\$15
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SUMMER II

44300-A	T	5:15-6:35PM	4WKS	7/10	\$15
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**Check out
the adult swim
fitness classes
listed in the
aquatics section**

Spin & Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

Instructor: Angela Pond (Certified Personal Trainer)

SUMMER I

43444-A	T	9:00-9:45AM	4WKS	6/5	\$16
43444-B	TH	5:30-6:15PM	4WKS	6/7	\$16

SUMMER II

44444-A	T	9:00-9:45AM	4WKS	7/10	\$16
44444-B	TH	5:30-6:15PM	4WKS	7/12	\$16

Flow & Strength

Come challenge yourself to grow in flexibility, strength, and calmness using yoga and pilates influenced movement to improve your health.

Instructor: Esther White (MS, RD, CSSD, LD)

SUMMER I

43060-A	M	5:10-6:00PM	4WKS	6/4	\$15
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SUMMER II

44060-A	M	5:10-6:00PM	4WKS	7/9	\$15
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Hurst Hustlers Running Club

Come join runners, joggers, and walkers of all levels for a challenging workout using hills, speed work, distance, and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

Instructor: Esther White (MS, RD, CSSD, LD)

SUMMER I

43001-A	M	6:00-7:00PM	4WKS	6/4	\$15
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SUMMER II

44001-A	M	6:00-7:00PM	4WKS	7/9	\$15
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Hatha Yoga

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility, balance, and tone your body. Discover the technique of breath control, centering, and meditation. (Eat nothing 2 hours prior to class and bring a yoga mat.)

Instructor: Behka Hartmann

SUMMER I

43100-A	F	10:15-11:15AM	4WKS	6/8	\$16
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SUMMER II

44100-A	F	10:15-11:15AM	4WKS	7/13	\$16
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Scaravelli Yoga

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax. Please bring a blanket to class.

Instructor: Julie Vela (Certified and registered with Yoga Alliance)

SUMMER I

43100-B	W	8:15-9:15PM	4WKS	6/6	\$16
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SUMMER II

44100-B	W	8:15-9:15PM	4WKS	7/11	\$16
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Scaravelli Yoga - Intermediate

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses. Please bring a yoga mat and a blanket to class.

Instructor: Julie Vela (Certified and registered with Yoga Alliance)

SUMMER I

43100-C	W	7:00-8:00PM	4WKS	6/6	\$16
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SUMMER II

44100-C	W	7:00-8:00PM	4WKS	7/11	\$16
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Volleyball Workout

Get your body moving and out on the court for some volleyball basics and play!

Instructor: Shanell Jupiter

SUMMER I

43030-A	S	11:05-11:35AM	4WKS	6/9	\$12
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SUMMER II

44030-A	S	11:05-11:35AM	4WKS	7/14	\$12
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Sewing for Adults

Get those creative juices flowing! We will learn basic sewing techniques and how to use the machines. We will also learn how to select and sew by using a pattern. (Supply Fee \$10 for the first class. Supply List for remaining 7 classes. Please bring own scissors to class and a sewing machine if you have one!)

Instructor: Dottie Nicholson

SUMMER I

43500-A	T	1:00-2:15PM	4WKS	6/5	\$15
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SUMMER II

44500-A	T	1:00-2:15PM	4WKS	7/10	\$15
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ITF – Tae Kwon Do

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, and stress relief while building self-esteem and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

SUMMER I

(White Belts)

23700-A	S	9:05-10:05AM	4WKS	6/9	\$28
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(Color Belts)

23700-B	S	10:10-11:10AM	4WKS	6/9	\$28
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SUMMER II

(White Belts)

24700-A	S	9:05-10:05AM	4WKS	7/14	\$28
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(Color Belts)

24700-B	S	10:10-11:10AM	4WKS	7/14	\$28
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Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance, and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

Instructor: Dan Streeter

MAY

42070-B	TH	7:30-8:45PM	4WKS	5/3	\$37
	S	9:05-11:00AM			

JUNE

43070-A	TH	7:30-8:45PM	4WKS	6/2	\$37
	S	9:05-11:00AM			

JULY

43070-B	TH	7:30-8:45PM	4WKS	7/5	\$37
	S	9:05-11:00AM			

AUGUST

43070-C	TH	7:30-8:45PM	4WKS	8/2	\$37
	S	9:05-11:00AM			

Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class. No new students after the first class.

Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)

MAY

42800-B	M	7:00-8:30PM	4WKS	5/7	\$35
	W	7:00-8:30PM			
	S	10:05-11:30AM			

JUNE

43800-A	M	7:00-8:30PM	4WKS	6/4	\$35
	W	7:00-8:30PM			
	S	10:05-11:30AM			

JULY

43800-B	M	7:00-8:30PM	4WKS	7/2	\$35
	W	7:00-8:30PM			
	S	10:05-11:30AM			

AUGUST

43800-C	M	7:00-8:30PM	4WKS	8/6	\$35
	W	7:00-8:30PM			
	S	10:05-11:30AM			

Quilting for Adults

Beginners Welcome!! You don't have to know how to sew to learn how to quilt. We will learn how to make a couple of basic quilt squares and much more! The supply fee covers the materials used in the class. A sewing machine is not required, but if you have one bring it with you to learn on. (Supply Fee \$15)

Instructor: Dottie Nicholson

SUMMER I

43555-A	T	4:00-5:00PM	4WKS	6/5	\$15
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SUMMER II

44555-A	T	4:00-5:00PM	4WKS	7/10	\$15
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Brush & Palette

Express your talent through the art of oil painting! Basic strokes, color mixing, and application will be covered. (Supply list)

Instructor: Elaine Roosz

SUMMER I

43110-A	T	6:30-9:00PM	4WKS	6/5	\$25
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SUMMER II

44110-A	T	6:30-9:00PM	4WKS	7/10	\$25
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Guitar - Beginner

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (Supply fee for book is \$8. Nylon strings preferred.)

Instructor: Dallas Kaemmerling

SUMMER I

23020-B	T	6:00-6:50PM	4WKS	6/5	\$20
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SUMMER II

24020-B	T	6:00-6:50PM	4WKS	7/10	\$20
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Belly Dance Basics

Fun dance class! Come learn the basics of belly dance, American Tribal Style! A healthy, low-impact dance class suitable for all body types.

Instructor: Brandy Bollin

SUMMER I

43200-A	T	7:00-8:00PM	4WKS	6/5	\$28
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SUMMER II

44200-A	T	7:00-8:00PM	4WKS	7/10	\$28
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Improv Dance Drills

Take your new found belly dance skills and ramp it up a notch or two. We will cover more complex drills and improv combinations, building on what you learned in the Basics class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dances.

Instructor: Brandy Bollin

SUMMER I

43224-A	T	8:00-9:00PM	4WKS	6/5	\$28
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SUMMER II

44224-A	T	8:00-9:00PM	4WKS	7/10	\$28
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Take it to the Stage: Advanced Belly Dance

Now that you have perfected your dance skills, you are ready to create a performance. This class will focus on taking your move vocabulary and making it show-worthy by adding props, staging, and interaction with a band. You will also learn to use props such as the veil, skirt, sword, and zills. INSTRUCTOR APPROVAL REQUIRED.

Instructor: Brandy Bollin

SUMMER I

43222-A	T	9:00-9:45PM	4WKS	6/5	\$20
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SUMMER II

44222-A	T	9:00-9:45PM	4WKS	7/10	\$20
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Tribal Evolution

This class covers the unique style of Improv Tribal Style, as taught by TE founder, Brandy Bollin. This class is a professional performance level class that will teach you to include props, musical interpretation, musician interaction, staging, and show layout. INSTRUCTOR APPROVAL REQUIRED.

Instructor: Brandy Bollin

SUMMER I

43226-A	TH	8:00-9:30PM	4WKS	6/7	\$23
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SUMMER II

44226-A	TH	8:00-9:30PM	4WKS	7/12	\$23
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Dash & Splash 5K

Healthy Hurst Dash & Splash 5K

Saturday, June 9

Chisholm Park & Chisholm Aquatics Center

1 Mile Walk/Run – 7:30 a.m.

5K Run – 7:50 a.m.

Here's your chance to do something healthy AND fun at the same time. The Healthy Hurst Dash & Splash offers Healthy Hurst participants the chance to participate in a 1 Mile or a 5K event and jump into the water at the Chisholm Aquatics Center at the finish line.

Healthy Hurst is the City of Hurst's Community Wellness Program. Hurst residents of all ages are eligible to join Healthy Hurst at no charge. Non-residents who have purchased a Hurst

Recreation Center Annual Pass are also eligible to participate in Healthy Hurst.

All Dash & Splash participants will need to register for this FREE event and can do so at the Hurst Recreation Center through 5pm on Friday, June 8. Race day registration begins at 7am on Saturday, June 9. (Please bring proof of residency: Driver's License, Hurst Water Bill, Hurst Property Tax Statement. Non-residents bring your Quality of Life Recreation Card).

All Dash & Splash participants are eligible to win door prizes (must be present to win). For more information contact the Hurst Recreation Center, 817.788.7325.



Special Events:

Kids' All-American Fishing Derby

Saturday, June 2

Chisholm Park, 2200 Norwood Drive

Calling all kids, ages 5 to 16 years. Here is your chance to show off your fishing skills and win prizes. Bring your parents, fishing pole and tackle, and a picnic lunch to enjoy a morning of fishing fun.

The event is FREE, however you must pre-register at the Hurst Recreation Center, 700 Mary Drive. Space is limited. Be sure to register early.

For more information, call 817.788.7325



Catfish Stockings at Chisholm Park

The Texas Parks and Wildlife Department will stock Chisholm Park Pond with 12" channel catfish during the following weeks: April 23 • May 7, 21 • June 4, 18 • July 2, 16, 30 • September 3, 17 • October 1, 15, 29

Please check TPWD website, Neighborhood Fishin' at www.neighborhoodfishin.org.



Hurst Golden Couples

Saturday, June 16

Hurst Senior Activity Center

6:00 -8:00 PM

In celebration of your 50+ years of matrimony, we invite you to attend the 2012 Golden Couples event. Please RSVP by June 6 to 817.788.7320.

Special thanks to our event sponsors: Creative Memories, Bice's Florist, Balloons Fantastique, and Prints Charming Photography.

For more information, call 817.788.7320



Hurst Stars & Stripes

Wednesday, July 4

Hurst Community Park, 601 Precinct Line Road

5:00-10:00 PM

Bands:

Sonny Burgess (5:30-6:30 PM)

Spazmatics (6:45-7:45 PM)

Emerald City (8:00-9:30 PM)

Activities: Children's Area featuring large inflatable activities, live music, food, and of course FIREWORKS at approximately 9:30 PM.

For more information, call
817.788.7320

Welcome to the

Hurst Aquatics Centers

Central Aquatics Center

*715 Mary Drive
817.788.7327*



Chisholm Aquatics Center

*2200 Norwood Drive
817.788.7250*



Public Swim Information:

Dates of Operation:

May 26-August 26: Central and Chisholm Aquatics Centers will be open regular hours.

Sept. 1-3: Only Chisholm Aquatics Center will be open regular hours.

Hours of Operation:

Sunday: 1:00-6:00 PM
Monday-Friday: Noon-8:00 PM
Saturday: 10:00 AM-6:00 PM

Daily Admission Fees:

Free – 12 months and younger
Free – 65 years and older
\$2.00 – Hurst residents, ages 1 - 64 years
\$7.00 – non-Hurst residents, ages 1 - 64 yrs

Season Passes:

\$25.00 per person for Hurst Residents
\$75.00 per person for Non-Hurst Residents

Swimwear Policy:

All swimmers must be attired in an appropriate swimsuit in order to enter and remain in the water. Bathing suits are designed to be quick drying and generally made from smooth nylon material. They are durable and hold up to wear from contact with pool chemicals. An appropriate swimsuit is defined as a swim garment with an affixed/sewn inner lining. "Thong" style swimwear and swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted. Examples of apparel NOT permitted in the water include, but are not limited to: Athletic shorts (bicycle, running, basketball, soccer, etc.), sports bras (unless a dark shirt is worn) and denim jeans. Lining in shorts does not constitute proper swim wear. Inappropriate attire damages our pumps, attractions, and chemicals. Any "lifeguard gear" is not allowed due to liability reasons.

Resident Aquatics Cards:

2012 Hurst Resident Aquatics Cards are available at the Hurst Recreation Center beginning April 30 during Summer Class Registration. This free Aquatics Card allows Hurst Residents to enter both Central and Chisholm Aquatics Centers for only \$2.00/person/day. Aquatics Cards will also be available at the Chisholm Aquatics Center throughout the 2012 Season. (Proof of Hurst Residency required).

Group Reservation Policy:

A "Group" is defined as any person or entity, commercial or non-profit, who provides structured child care and/or activities. All "Groups" meeting this criteria are required to make a reservation, in person, at the Recreation Division administrative office, 700 Mary Drive, at least seven calendar days in advance of the desired date of their visit. "Groups" must comply with all components of the City of Hurst Group Reservation Policies.



NEW! Adult Water Aerobics - Central Aquatic Center (16+ years)

Come splash into fitness! Water aerobics is an excellent low-impact way for men and women to build strength, reduce body fat and increase flexibility. This class uses resistance tools including buoyant water weights and swim noodles. Due to the low-impact format, water aerobics is suitable for every fitness level from beginning exercisers through elite athletes. Please bring a towel, personal water bottle and water shoes. Ages 16 and up.

Instructor: Behka Hartmann, Certified Personal trainer and Fitness Instructor

73200-A	MWF	7:35-8:15 AM	2WKS	6/4	\$28
73200-B	MWF	7:35-8:15 AM	2WKS	6/18	\$28
73200-C	MWF	7:35-8:15 AM	2WKS	7/9	\$28
73200-D	MWF	7:35-8:15 AM	2WKS	7/23	\$28
73200-E	MWF	7:35-8:15 AM	2WKS	8/13	\$28

NEW! Senior Water Time (65+ years)

This is unstructured time in the water for seniors ages 65 & older. No private lessons, trainers, therapists, etc. allowed. Participants must sign-up in advance at the Hurst Recreation Center. Please call 817.788.7320 for dates and time and location. Space is limited.

Junior Lifeguard Volunteer Times

Monday, Wednesday
& Friday
Noon-2 PM or 5-7 PM

Volunteer time must be
scheduled in
advance with an
instructor, and may
NOT exceed more than two
hours/day.

Junior Lifeguard Classes

Central Aquatics Center

Central Aquatics Center	Days	Times	Dates	Resident	non-Resident
73300-A	M - Th	9:45-11:45 AM	5/29 - 6/7	\$52	\$57
74300-A	M - Th	9:45-11:45 AM	6/11 - 6/21	\$52	\$57
75300-A	M - Th	9:45-11:45 AM	6/25 - 7/5	\$52	\$57
76300-A	M - Th	9:45-11:45 AM	7/9 - 7/19	\$52	\$57

Chisholm Aquatics Center

Chisholm Aquatics Center	Days	Times	Dates	Resident	non-Resident
63300-A	M - F	9:45-11:45 AM	5/29 - 6/7	\$52	\$57
64300-A	M - F	9:45-11:45 AM	6/11 - 6/21	\$52	\$57
65300-A	M - F	9:45-11:45 AM	6/25 - 7/5	\$52	\$57
66300-A	M - F	9:45-11:45 AM	7/9 - 7/19	\$52	\$57

Learn To Swim Program:

Session Dates:

Session I: May 29-June 7

Session II: June 11-June 21

Session III: June 25-July 5

Session IV: July 9-July 19

Session V: July 23-August 2

Lessons are Monday-Thursday of each week, utilizing Fridays as make-up days for inclement weather.

Registration

Walk-in registration beginning on Monday, April 30, is only open to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 7. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst, and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on Monday, May 7. Registration for swim classes is conducted on a walk-in or on-line basis only. No class registration will be accepted by mail or fax for Learn-to-Swim lessons.

Hurst Residents April 30 at 7:00 AM

Non-Residents May 7 at 7:00 AM

The deadline to register, cancel, or transfer a class is Wednesday, at 5:00 PM, prior to the beginning of each session. Before enrolling your child in a class, please read the class descriptions thoroughly to ensure your child is in the appropriate class.

Class Scheduling

Classes and their scheduled times are subject to change. When the number of participants is below the minimum, participants will be encouraged to change to another class time or session.

Class Fees

Hurst Residents = \$27.00

Non-Hurst Residents = \$29.00

First Day Evaluations

On the first day of each session, students will be informally evaluated to determine whether or not they are in the appropriate class. Necessary adjustments will be made during this time.

Weather Conditions

In the event of inclement weather, please call the LTS Inclement Weather Information Line at 817.788.7340 to see if classes have been cancelled. It is possible that classes will be cancelled on a class-by-class basis or for the entire morning or evening. If possible, a safety day will be conducted as this information is required for all American Red Cross classes.

Class Cancellation

Classes may be cancelled due to situations beyond our control. The first day that classes cannot be conducted in the water, a safety day will be held. The second and third days in a session that classes cannot be conducted, they will be made up on the Fridays during the session.

Refund Policy

No refunds will be given after the first day of class. Medical reasons will be considered with a Doctor's report. The medical reason will be considered if the Doctor's report is received within 48 hours of the first absence.



Registration

Registration for swim classes is conducted on a walk-in or on-line basis only. No class registration will be accepted by mail or fax.

Hurst Residents: April 30 at 7:00 AM

Non-Residents: May 7 at 7:00 AM

The deadline to register, cancel, or transfer for a class is Wednesday, at 5:00 PM, prior to the beginning of each session.

Learn-To-Swim Class Descriptions

Do you need some help selecting the correct swim class for your child? Use the following table to assist you in making your selection. If you need further assistance or have any questions, please call 817.788.7325.

Parent & Tot Swim (6-36 months)

With your help, this class will introduce your child to the aquatic environment. Parent/adult participation is required.

Infant's skills: water adjustment and pool exploration, supported front kick, supported front and back float, blowing bubble/submerge, alternating arms on front, turnover (front to back and back to front), introduction to lifejackets, and entering and exiting the pool.

Pre-School (3-5 years)

Your child will be introduced and adjusted to the water in this class designed for pre-school children. Participants will learn swimming readiness skills through play.

Child's skills: water adjustment and pool exploration, enter the water by steps and ladder, jumping into the water, supported front and back float/glide, supported front and back kick, blowing bubbles, opening eyes under water, perform bobs, alternating arms in the front and the back, turnover (front to back and back to front), fully submerge face, kick up to the surface, introduction to lifejackets, and entering and exiting the pool.

Level I: Water Exploration

If your child is a new or non-swimmer, this is the class for them. This class teaches: water adjustment, beginning stroke skills and safety.

Child's skills: fully submerge face for 3 seconds, 10 bobs in chest deep water with support, supported front and back float, blowing bubbles, enter and exit the pool independently, walk in chest deep water for 5 yards, supported front and back kick, walk with alternating arms for 5 yards, basic safety rules, getting emergency help, perform reaching assists, releasing a foot cramp, and use of lifejackets.

Level II: Fundamental Aquatics Skills

Does your child feel comfortable submerging their head under water? This class is designed for those who are comfortable in the water. Primary swimming skills will be taught.

Child's skills: fully submerge face for 3 seconds, retrieve object from chest deep water, explore deep water, prone and supine glide/float for 5 seconds, level off to vertical, perform 10 bobs, enter pool in deep water, exit side of pool, flutter kick on front and back, finning on back, back crawl arm action, combination front and back stroke for 5 yards, turnover (front to back and back to front), lifejacket float for 1 minute, reaching assists, and assist non-swimmer to feet.

Level III: Stroke Development

After your child has learned the beginning strokes, this class is next. This class teaches building on existing skills, swimming in deep water, introduction to elementary backstroke, and safety.

Child's skills: retrieve object from chest deep water, perform 15 bobs, bob to the side of the pool, jump into deep water, kneel dive from the side, prone and supine glide—2 body lengths, front crawl and breath for 10 yards, back crawl for 10 yds, change directions while swimming on back, safe diving rules, tread water use lifejacket in deep water, H.E.L.P. and huddle positions for 1 minute, and discuss rescue breathing.

Level IV: Stroke Improvement

Your child will continue to improve their swimming strokes. They will learn: diving, increase endurance in the basic strokes, and introduction to breaststroke and sidestroke.

Level V: Stroke Refinement

You will continue to refine skills and build endurance. You will be introduced to: the butterfly stroke, swimming underwater, and turns.

Child's skills: alternate rotary breathing, stride jump entry, standing dive from board, long shallow dive, breaststroke—10 yds, sidestroke—10 yds, under water swim—3 body lengths, elementary back—25 yds, dolphin kick—10 yds, front crawl—50 yds, back crawl—50 yds, open front turn, open back turn, diving board safety, spinal injuries, hip and shoulder support, feet first surface dive, and tread water with 2 different kicks

Level VI: Skill Proficiency

Are you interested in competitive swimming? This class will help you perfect your strokes, build endurance, and refine turns. You will swim: 100 yards in basic strokes, 25 yards sidestroke and breaststroke, and 10 yards butterfly stroke.

Child's skills: hurdle on the board, jump tuck from the board, front crawl—100 yds with 1 open turn, back crawl—100 yds with 1 open turn, breaststroke—25 yds, sidestroke—25 yds, butterfly—10 yds, approach stroke—25 yds, breaststroke and sidestroke turn, speed turn for breaststroke, flip turn, pike and tuck surface dives, tread water for 3 minutes (1 minute without the hands), discuss aquatic emergencies, perform equipment rescues, turn spinal injury victim face up in the water.

Basic Diving (8+ years)

You will be introduced to the fundamentals of diving such as: approaches, positions, and techniques. (Pre-requisite: Level III skills)

Child's skills: feet first entry from the diving board, standing dive from the side of the pool and diving board, three step approach, hurdle, position skills: tuck, pike, and straight, hurdle with tuck, pike, straight entry, and dive off the board, standing pike and tuck dives off the side of pool and diving board.

Advanced Diving

Once Basic Diving is mastered, it is time to move up to Advanced Diving. You will improve and be introduced to competitive diving.

Child's skills: from the diving board: standing back dive, standing back dive with take off, hurdle with front flip, one and a half flip, one and a half flip, back tuck, standing front and back flip, and standing back flip with a jump off.

Learn-To-Swim Classes

All Classes Monday–Thursday Friday weather make-up	Session I 5/29–6/7 T-F first week only	Session II 6/11–6/21	Session III 6/25–7/6 No class 7/4, meet 7/6	Session IV 7/9–7/19	Session V 7/23–8/2
Parent Tot Swim (6-36 months) With your help, this class will introduce your child to the aquatic environment. Parent/adult participation is required.	Chisholm: 63010-A 9:45-10:20 AM 63010-B 10:30-11:05 AM 63120-A 6:00-6:35 PM 63120-B 6:45-7:20 PM Central: 73010-A 9:00-9:35 AM 73010-B 9:45-10:20 AM	Chisholm: 64010-A 9:45-10:20 AM 64010-B 10:30-11:05 AM 64120-A 6:00-6:35 PM 64120-B 6:45-7:20 PM Central: 74010-A 9:00-9:35 AM 74010-B 9:45-10:20 AM	Chisholm: 65010-A 9:45-10:20 AM 65010-B 10:30-11:05 AM 65120-A 6:00-6:35 PM 65120-B 6:45-7:20 PM Central: 75010-A 9:00-9:35 AM 75010-B 9:45-10:20 AM	Chisholm: 66010-A 9:45-10:20AM 66010-B 10:30-11:05AM 66120-A 6:00-6:35PM 66120-B 6:45-7:20PM Central: 76010-A 9:00-9:35AM 76010-B 9:45-10:20AM	Chisholm: 667010-A 9:45-10:20AM 67010-B 10:30-11:05AM 67120-A 6:00-6:35PM 67120-B 6:45-7:20PM Central: 77010-A 9:00-9:35AM 77010-B 9:45-10:20AM
Pre-School (3-5 years) Your child will be introduced and adjusted to the water in this class designed for pre-school children. Participants will learn swimming readiness skills through play.	Chisholm: 63020-A 8:15-8:50AM 63020-B 9:00-9:35AM 63020-C 9:45-10:20AM 63020-D 10:30-11:05AM 63020-E 11:15-11:50AM 63130-A 6:00-6:35PM 63130-B 6:45-7:20PM Central: 73020-A 8:15-8:50AM 73020-B 9:00-9:35AM 73020-C 9:45-10:20AM 73020-D 10:30-11:05AM 73020-E 11:15-11:50AM	Chisholm: 64020-A 8:15-8:50AM 64020-B 9:00-9:35AM 64020-C 9:45-10:20AM 64020-D 10:30-11:05AM 64020-E 11:15-11:50AM 64130-A 6:00-6:35PM 64130-B 6:45-7:20PM Central: 74020-A 8:15-8:50AM 74020-B 9:00-9:35AM 74020-C 9:45-10:20AM 74020-D 10:30-11:05AM 74020-E 11:15-11:50AM	Chisholm: 65020-A 8:30-9:00 AM 65020-B 9:10-9:40 AM 65020-C 9:50-10:20 AM 65020-D 10:30-11:00 AM 65020-E 11:10-11:40 AM 65130-A 6:00-6:30 PM 65130-B 6:40-7:10 PM Central: 75020-A 8:15-8:50AM 75020-B 9:00-9:35AM 75020-C 9:45-10:20AM 75020-D 10:30-11:05AM 75020-E 11:15-11:50AM	Chisholm: 66020-A 8:15-8:50AM 66020-B 9:00-9:35AM 66020-C 9:45-10:20AM 66020-D 10:30-11:05AM 66020-E 11:15-11:50AM 66130-A 6:00-6:35PM 66130-B 6:45-7:20PM Central: 76020-A 9:00-9:35AM 76020-B 9:45-10:20AM 76020-C 9:45-10:20AM 76020-D 10:30-11:05AM 76020-E 11:15-11:50AM	Chisholm: 67020-A 8:15-8:50AM 67020-B 9:00-9:35AM 67020-C 9:45-10:20AM 67020-D 10:30-11:05AM 67020-E 11:15-11:50AM 67130-A 6:00-6:35PM 67130-B 6:45-7:20PM Central: 77020-A 8:15-8:50AM 77020-B 9:00-9:35AM 77020-C 9:45-10:20AM 77020-D 10:30-11:05AM 77020-E 11:15-11:50AM
Level I: Water Exploration If your child is a new or non-swimmer, this is the class for them. This class teaches: water adjustment, beginning stroke skills and safety.	Chisholm: 63030-A 8:15-8:50AM 63030-B 9:00-9:35AM 63030-C 9:45-10:20AM 63030-D 10:30-11:05AM 63030-E 11:15-11:50AM 63140-A 6:00-6:35PM 63140-B 7:25-8:00PM Central: 73030-A 8:15-8:50AM 73030-B 9:00-9:35AM 73030-C 9:45-10:20AM 73030-D 10:30-11:05AM 73030-E 11:15-11:50AM	Chisholm: 64030-A 8:15-8:50AM 64030-B 9:00-9:35AM 64030-C 9:45-10:20AM 64030-D 10:30-11:05AM 64030-E 11:15-11:50AM 64140-A 6:00-6:35PM 64140-B 7:25-8:00PM Central: 74030-A 8:15-8:50AM 74030-B 9:00-9:35AM 74030-C 9:45-10:20AM 74030-D 10:30-11:05AM 74030-E 11:15-11:50AM	Chisholm: 65030-A 8:15-8:50AM 65030-B 9:00-9:35AM 65030-C 9:45-10:20AM 65030-D 10:30-11:05AM 65030-E 11:15-11:50AM 65140-A 6:00-6:35PM 65140-B 7:25-8:00PM Central: 75030-A 8:15-8:50AM 75030-B 9:00-9:35AM 75030-C 9:45-10:20AM 75030-D 10:30-11:05AM 75030-E 11:15-11:50AM	Chisholm: 66030-A 8:15-8:50AM 66030-B 9:00-9:35AM 66030-C 9:45-10:20AM 66030-D 10:30-11:05AM 66030-E 11:15-11:50AM 66140-A 6:00-6:35PM 66140-B 7:25-8:00PM Central: 76030-A 8:15-8:50AM 76030-B 9:00-9:35AM 76030-C 9:45-10:20AM 76030-D 10:30-11:05AM 76030-E 11:15-11:50AM	Chisholm: 67030-A 8:15-8:50AM 67030-B 9:00-9:35AM 67030-C 9:45-10:20AM 67030-D 10:30-11:05AM 67030-E 11:15-11:50AM 67140-A 6:00-6:35PM 67140-B 7:25-8:00PM Central: 77030-A 8:15-8:50AM 77030-B 9:00-9:35AM 77030-C 9:45-10:20AM 77030-D 10:30-11:05AM 77030-E 11:15-11:50AM
Level II: Primary Skills Does your child feel comfortable submerging their head under water? This class is designed for those who are comfortable in the water. Primary swimming skills will be taught.	Chisholm: 63040-A 8:15-8:50AM 63040-B 9:00-9:35AM 63040-C 9:45-10:20AM 63040-D 10:30-11:05AM 63040-E 11:15-11:50AM 63150-A 6:45-7:20PM 63150-B 7:25-8:00PM Central: 73040-A 8:15-8:50AM 73040-B 9:00-9:35AM 73040-C 9:45-10:20AM 73040-D 10:30-11:05AM 73040-E 11:15-11:50AM	Chisholm: 64040-A 8:15-8:50AM 64040-B 9:00-9:35AM 64040-C 9:45-10:20AM 64040-D 10:30-11:05AM 64040-E 11:15-11:50AM 64150-A 6:45-7:20PM 64150-B 7:25-8:00PM Central: 74040-A 8:15-8:50AM 74040-B 9:00-9:35AM 74040-C 9:45-10:20AM 74040-D 10:30-11:05AM 74040-E 11:15-11:50AM	Chisholm: 65040-A 8:15-8:50AM 65040-B 9:00-9:35AM 65040-C 9:45-10:20AM 65040-D 10:30-11:05AM 65040-E 11:15-11:50AM 65150-A 6:45-7:20PM 65150-B 7:25-8:00PM Central: 75040-A 8:15-8:50AM 75040-B 9:00-9:35AM 75040-C 9:45-10:20AM 75040-D 10:30-11:05AM 75040-E 11:15-11:50AM	Chisholm: 66040-A 8:15-8:50AM 66040-B 9:00-9:35AM 66040-C 9:45-10:20AM 66040-D 10:30-11:05AM 66040-E 11:15-11:50AM 66150-A 6:45-7:20PM 66150-B 7:25-8:00PM Central: 76040-A 8:15-8:50AM 76040-B 9:00-9:35AM 76040-C 9:45-10:20AM 76040-D 10:30-11:05AM 76040-E 11:15-11:50AM	Chisholm: 67040-A 8:15-8:50AM 67040-B 9:00-9:35AM 67040-C 9:45-10:20AM 67040-D 10:30-11:05AM 67040-E 11:15-11:50AM 67150-A 6:45-7:20PM 67150-B 7:25-8:00PM Central: 77040-A 8:15-8:50AM 77040-B 9:00-9:35AM 77040-C 9:45-10:20AM 77040-D 10:30-11:05AM 77040-E 11:15-11:50AM

Learn-To-Swim Classes

All Classes Monday–Thursday Friday weather make-up	Session I 5/29–6/7 T-F first week only	Session II 6/11–6/21	Session III 6/25–7/6 No class 7/4, meet 7/6	Session IV 7/9–7/19	Session V 7/23–8/2
Level III: Stroke Readiness After your child has learned the beginning strokes, this class is the next step. This class includes: building upon existing skills, swimming in deep water, introduction to elementary backstroke and safety.	Chisholm: 63050-A 9:00-9:35AM 63050-B 9:45-10:20AM 63050-C 10:30-11:05AM 63050-D 11:15-11:50AM 63160-A 5:15-5:50PM 63160-B 7:25-8:00PM Central: 73050-A 8:15-8:50AM 73050-B 8:15-8:50AM 73050-C 9:00-9:35AM 73050-D 10:30-11:05AM 73050-E 11:15-11:50AM	Chisholm: 64050-A 9:00-9:35AM 64050-B 9:45-10:20AM 64050-C 10:30-11:05AM 64050-D 11:15-11:50AM 64160-A 5:15-5:50PM 64160-B 7:25-8:00PM Central: 74050-A 8:15-8:50AM 74050-B 8:15-8:50AM 74050-C 9:00-9:35AM 74050-D 10:30-11:05AM 74050-E 11:15-11:50AM	Chisholm: 65050-A 9:00-9:35AM 65050-B 9:45-10:20AM 65050-C 10:30-11:05AM 65050-D 11:15-11:50AM 65160-A 5:15-5:50PM 65160-B 7:25-8:00PM Central: 75050-A 8:15-8:50AM 75050-B 8:15-8:50AM 75050-C 9:00-9:35AM 75050-D 10:30-11:05AM 75050-E 11:15-11:50AM	Chisholm: 66050-A 9:00-9:35AM 66050-B 9:45-10:20AM 66050-C 10:30-11:05AM 66050-D 11:15-11:50AM 66160-A 5:15-5:50PM 66160-B 7:25-8:00PM Central: 76050-A 8:15-8:50AM 76050-B 8:15-8:50AM 76050-C 9:00-9:35AM 76050-D 10:30-11:05AM 76050-E 11:15-11:50AM	Chisholm: 67050-A 9:00-9:35AM 67050-B 9:45-10:20AM 67050-C 10:30-11:05AM 67050-D 11:15-11:50AM 67160-A 5:15-5:50PM 67160-B 7:25-8:00PM Central: 77050-A 8:15-8:50AM 77050-B 8:15-8:50AM 77050-C 9:00-9:35AM 77050-D 10:30-11:05AM 77050-E 11:15-11:50AM
Level IV: Stroke Development Your child will continue to improve their swimming strokes. They will learn: diving, increase endurance in the basic strokes and introduction to breaststroke and sidestroke.	Chisholm: 63060-A 8:15-8:50AM 63060-B 9:00-9:35AM 63060-C 11:15-11:50AM 63170-A 5:15-5:50PM	Chisholm: 64060-A 8:15-8:50AM 64060-B 9:00-9:35AM 64060-C 11:15-11:50AM 64170-A 5:15-5:50PM	Chisholm: 65060-A 8:15-8:50AM 65060-B 9:00-9:35AM 65060-C 11:15-11:50AM 65170-A 5:15-5:50PM	Chisholm: 66060-A 8:15-8:50AM 66060-B 9:00-9:35AM 66060-C 11:15-11:50AM 66170-A 5:15-5:50PM	Chisholm: 67060-A 8:15-8:50AM 67060-B 9:00-9:35AM 67060-C 11:15-11:50AM 67170-A 5:15-5:50PM
Level V: Stroke Refinement You will continue to refine skills and build endurance. You will be introduced to: the butterfly stroke, swimming underwater and turns.	Chisholm: 63070-A 8:15-8:50AM 63070-B 9:00-9:35AM 63180-A 5:15-5:50PM	Chisholm: 64070-A 8:15-8:50AM 64070-B 9:00-9:35AM 64180-A 5:15-5:50PM	Chisholm: 65070-A 8:15-8:50AM 65070-B 9:00-9:35AM 65180-A 5:15-5:50PM	Chisholm: 66070-A 8:15-8:50AM 66070-B 9:00-9:35AM 66180-A 5:15-5:50PM	Chisholm: 67070-A 8:15-8:50AM 67070-B 9:00-9:35AM 67180-A 5:15-5:50PM
Level VI: Skill Proficiency Are you interested in competitive swimming? This class will help you perfect your strokes, build endurance and refine turns. You will swim: 10 yards in basic strokes, 25 yards sidestroke and breaststroke and 10 yards butterfly stroke.	Chisholm: 63080-A 8:15-8:50AM	Chisholm: 64080-A 8:15-8:50AM	Chisholm: 65080-A 8:15-8:50AM	Chisholm: 66080-A 8:15-8:50AM	Chisholm: 67080-A 8:15-8:50AM
Basic Diving (8+ years) You will be introduced to the fundamentals of diving such as: approaches, positions and techniques. (PRE-REQUISITE: Level III skills)	Chisholm: 63100-A 9:45-10:20AM 63100-B 10:30-11:05AM	Chisholm: 64100-A 9:45-10:20AM 64100-B 10:30-11:05AM	Chisholm: 65100-A 9:45-10:20AM 65100-B 10:30-11:05AM	Chisholm: 66100-A 9:45-10:20AM 66100-B 10:30-11:05AM	Chisholm: 67100-A 9:45-10:20AM 67100-B 10:30-11:05AM
Advanced Diving Once you have Basic Diving mastered, it is time to move up to Advanced Diving. You will improve existing skills and be introduced to the skills of competitive diving.	Chisholm: 63110-A 11:15-11:50AM	Chisholm: 64110-A 11:15-11:50AM	Chisholm: 65110-A 11:15-11:50AM	Chisholm: 66100-A 11:15-11:50AM	Chisholm: 67110-A 11:15-11:50AM

Recreation Division Programs

Recreation Center Fees:

Current January 1, 2010

	Hurst Residents	Non-Hurst Residents
Daily Pass	\$2.00	\$10.00
Annual Pass Youth (6 – 15 years)	\$20.00 per year	\$80.00 per year
Annual Pass Adult (16 – 64 years)	\$50.00 per year	\$200.00 per year
Annual Pass Senior (65+ years)	\$20.00 per year	\$80.00 per year
Annual Family Pass	\$125.00 per year	N/A
Replacement Card Fee	\$5.00	\$5.00

**How do I
know I am a
Hurst resident?**
*Residency is defined by:
living within the Hurst city
limits, receiving a water
bill from the City of Hurst
and paying property taxes
to the City of Hurst.*

See
**Page
60** for
registration
information

Recreation Center Information:

700 Mary Drive: 817.788.7325

Hours of Operation:

Monday-Thursday	6:30 AM – 10:00 PM
Friday	6:30 AM – 6:00 PM
Saturday	9:00 AM – 6:00 PM
Sunday	1:00 PM – 6:00 PM

Healthy Hurst:

Healthy Hurst Online Wellness Program Information

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness, and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst t-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst Program.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are also available to all participants as they track and log their fitness activities!

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness, and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health, and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817.788.7325.



Adult Softball Summer League Registration

Returning Teams:

(Teams that played in Hurst in 2011 and 2012)

Monday, April 30 & Tuesday, May 1
Hurst Recreation Center (700 Mary Drive)

Open Registration:

Beginning May 2
Monday, Wednesday and Friday from 8:00 AM-5:00 PM
and Tuesday and Thursday from 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$325 for a 10 game season (With no City playoffs)

League Nights:

Monday - Friday

League Schedules:

Available May 30

League Begins:

Monday, June 4

Adult Softball Fall League Registration

Returning Teams:

(Teams that played in Hurst in 2011 and 2012)

July 30-31, Hurst Recreation Center (700 Mary Drive)

Open Registration:

Monday-Friday, August 1-17
Monday, Wednesday and Friday from 8:00 AM-5:00 PM
and Tuesday and Thursday from 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$300 for a 10 game season (No Fall playoffs)

League Nights:

Monday - Friday

League Schedules:

Available August 22

League Begins:

Monday, August 27

Fall Adult Basketball League Registration

Open Registration:

Monday-Friday, August 13-24
Monday, Wednesday and Friday from 8:00 AM-5:00 PM
and Tuesday and Thursday from 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$265 for a 7 game season (With playoffs for top four teams)

League Nights:

Tuesday (some Thursdays if needed)

League Schedules:

Available August 28

League Begins:

Tuesday, September 4

For more information on leagues and registration, call 817.788.7320.

Youth Sports Associations:

Hurst Girls Softball League
(HGSL) 817.209.5409
www.eteamz.com/hurstgsl
hurstgirlssoftball@yahoo.com

Mid-Cities Basketball Assn.
(MCBA) 817.354.6208
www.midcitiesbasketball.org

Mid-Cities PeeWee Football & Cheerleading Assn.
817.282.2390
www.midcitiespeeveefootball.org

Tri-Cities Baseball Assn.
(TCBA) 817.285.0200
www.tcbabasketball.com

Hurst United Soccer Assn.
(HUSA) 817.282.8680
www.hurstunitedsoccer.com

Welcome to the Hurst Tennis Center

Hurst Tennis Center

701 Mary Drive
817.788.7330

**"Home of the Team Hurst
Junior Development Program"**

Junior Tennis

Quick Start - Pee Wee Tennis Camp

(Ages 6 & under)

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games. Ages 6 and under.

Instructor: Tennis Instructor Staff

Times: 9:45-10:30 AM

Price: \$26 + one new, unopened can of tennis balls

Days: Tuesday & Thursday

81000-A	6/19 & 6/21
81000-B	6/26 & 6/28
81000-C	7/10 & 7/12
81000-D	7/17 & 7/19

Jr. Beginner Tennis & Swim Camp

(Ages 7 & up)

A fun camp for beginners. Learn the fore-hand, backhand, serve and volley. Kids will eat lunch and swim at the Central Aquatics Center each day. Bring a sack lunch and drink every day.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 10:30 AM-1:30 PM

Price: \$88 + one new, unopened can of tennis balls

Days: Monday-Thursday

82000-A	6/4 - 6/7
82000-B	6/11 - 6/14
82000-C	6/18 - 6/21
82000-D	6/25 - 6/28
82000-E	7/9 - 7/12
82000-F	7/16 - 7/19
82000-G	7/23 - 7/26
82000-H	7/30 - 8/2

*Please remember
to bring a can
of new, unopened
tennis balls
to your first class.*

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's Prince ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Advanced Beginner/Intermediate Tennis & Swim Camp (Ages 12 and up)

Introduction to tactics and drills. Player development and fun are stressed. Kids will eat lunch and swim at the Central Aquatics Center each day. Bring a sack lunch and drink every day.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 10:30 AM-1:30 PM

Price: \$88 + one new, unopened can of tennis balls

Days: Monday-Thursday

84000-A	6/4 - 6/7
84000-B	6/11 - 6/14
84000-C	6/18 - 6/21
84000-D	6/25 - 6/28
84000-E	7/9 - 7/12
84000-F	7/16 - 7/19
84000-G	7/23 - 7/26
84000-H	7/30 - 8/2

Junior Beginner Tennis Camp

(Ages 7 and up)

A fun camp for beginners. Learn the fore-hand, backhand, serve and volley.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 10:30 AM-Noon

Price: \$72 + one new, unopened can of tennis balls

Days: Monday-Thursday

81300-A	6/4 - 6/7
81300-B	6/11 - 6/14
81300-C	6/18 - 6/21
81300-D	6/25 - 6/28
81300-E	7/9 - 7/12
81300-F	7/16 - 7/19
81300-G	7/23 - 7/26
81300-H	7/30 - 8/2

Advanced Beginner/Intermediate Tennis Camp

(Ages 12 and up)

Improve skills learned in Beginner Camp. Tactics, drills, & fun are stressed.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 10:30AM-Noon

Price: \$72 + one new, unopened can of tennis balls

Days: Monday - Thursday

83000-A	6/4 - 6/7
83000-B	6/11 - 6/14
83000-C	6/18 - 6/21
83000-D	6/25 - 6/28
83000-E	7/9 - 7/12
83000-F	7/16 - 7/19
83000-G	7/23 - 7/26
83000-H	7/30 - 8/2

Jr. Beginner Tennis Clinic

(Ages 7 and up)

A perfect class for beginners. Learn the forehand, backhand, serve and volley.

Instructor: Austin Wynne, USPTA, and Staff

Times: 5:00 - 6:30PM

Price: \$72 + one new, unopened can of tennis balls

Days: Thursday

81502-A	6/7, 6/14, 6/21, 6/28
81502-B	7/12, 7/19, 7/26, 8/2
81502-C	8/9, 8/16, 8/23, 8/30

Advanced Beginner/Intermediate Tennis Clinic

(Ages 12 and up)

Introduction to tactics and drills. Player development and fun are stressed.

Instructor: Austin Wynne, USPTA, and Staff

Times: 5:00 - 6:30PM

Price: \$72 + one new, unopened can of tennis balls

Days: Thursday

81503-A	6/7, 6/14, 6/21, 6/28
81503-B	7/12, 7/19, 7/26, 8/2
81503-C	8/9, 8/16, 8/23, 8/30

Adult Programs

Adult Beginner Tennis Clinic

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new balls to first class.

Instructor: Kelly Langdon, USPTA, Austin Wynne, USPTA, & John Schildt

Times: 7:00 - 8:30PM

Price: \$72 + one new, unopened can of tennis balls

Days: Tuesday

81100-A	6/7, 6/14, 6/21, 6/28
81100-B	7/12, 7/19, 7/26, 8/2
81100-C	8/9, 8/16, 8/23, 8/30

Adult Advanced Beginner/Intermediate Clinic

This class is for adults who want to build on existing skills. You'll practice all shots and learn techniques and tactics.

Instructor: Kelly Langdon, USPTA, Austin Wynne, USPTA, & John Schildt

Times: 7:00 - 8:30PM

Price: \$72 + one new, unopened can of tennis balls

Days: Tuesday

81200-A	6/7, 6/14, 6/21, 6/28
81200-B	7/12, 7/19, 7/26, 8/2
81200-C	8/9, 8/16, 8/23, 8/30

4.0 Men's Open Drills

Meets each Thursday for men rated 4.0 or higher. Learn techniques and strategy. Must register three days in advance. Minimum of four participants.

Instructor: Kelly Langdon, USPTA, Austin Wynne, USPTA, & John Schildt

Times: 7:00 - 8:30PM

Price: \$12

Days: Thursdays

88444-A	Begins 6/2
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How about a Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Tennis Professionals:

Hurst Tennis Specialist, **Kelly Langdon**, USPTA, or Tennis Center Coordinator, **Mike Campo**, USPTA

\$50 per hour
\$26 per half hour
\$180 per series of 4 lessons

Lessons with Tennis Instructors:

Lessons with Tennis Instructors: **Sam Elliott**, USPTA, **Greg Smith**, **Jason Brown**, USPTA, **Austin Wynne**, USPTA, **John Schildt**.

\$49 per hour
\$26 per half hour
\$180 per series of 4 lessons

The Tennis Center Staff also offers:

Private and group lessons. \$90 for 90 minute group lessons for league teams.

Services and Facilities:

- Lessons for all ages & abilities
- 10 lighted outdoor courts
- USRSA Racquet Stringers
- Prince Ball Machine
- USPTA-Certified Instructors Available
- USTA Adult Leagues

Summer Operating Hours:

Mon. – Thurs. 8:00 AM – 10:00 PM
Friday, Saturday & Sunday 8:00 AM – 7:00 PM

Tennis Center Coordinator – Mike Campo, USPTA

Tennis Specialist – Kelly Langdon, USPTA

Tennis Attendants – Corey Doss, Blake Fisher, Eric Thuener, Charlie Crosswait and Jared Jordan

Tennis Instructors – Jason Brown, USPTA, Greg Smith, Sam Elliott, USPTA, Austin Wynne, USPTA, John Schildt

Please bring one can of new, unopened, tennis balls to your first day of class.

Court Fees

(90 minutes)

\$1 Hurst Residents

(with proof of Hurst residency)

\$2 Non-Residents

Racquet Stringing

The Tennis Center has a large choice of string and accessories for your racquet needs. We offer 24-hour turn around service and have three United States Racquet Stringer's Association stringers on staff.

Upcoming Tournaments

USTA Hurst Adult Open Open —
September 21-23

*Summer Adult
Leagues begin*

June 4
*must register by
May 18
cost is
\$25/person*

*Do you want
to practice your serve or
hit a few with a friend?*

**CALL
817.788.7330**

*for a court
reservation.*

Registration Easy-Options!

Walk-in registration beginning Monday, April 30 at 7:00 a.m. is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 7 at 7:00 a.m. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst, and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on Monday, May 7.

Classes begin the week of June 4. (Unless otherwise indicated.)

Walk-In Class Registration Times

(after initial registration days)

Monday-Thursday	7:00 AM-9:00 PM	Saturday	9:30 AM-5:00 PM
Friday	7:00 AM-5:00 PM	Sunday	1:30 PM-5:00 PM

Hurst Residents:

Mail-in (check or credit card payment), fax (credit card payment), online (credit card payment), and walk-in (cash, check or credit card payment) **registration for Recreation Classes begins April 30 at 7:00 AM.**

Non-Residents:

Fax (credit card payment), online (credit card payment), and walk-in (cash, check or credit card payment) **registration for Recreation Classes begins May 7 at 7:00 AM.**

Sign up to Register Online:

That's right, you can save time and register your entire family on-line! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst Water Bill, Hurst property tax statement, or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our on-line registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register on-line the day registration starts!

Confirmation:

When you register by mail-in or fax, you will receive a confirmation notice through the postal mail. You will be notified if the designated classes are not available. If the class is not available, you may select a second choice. If you register on-line, you may print a copy of your receipt.

Supply List and Fees:

Some of our classes require a supply list. These classes are noted in the brochure. You will receive a supply list when you register. For those mailed, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

Refund Policy:

When you sign up for one of our classes, we depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the class start date. Thank you for your cooperation.

Classes begin
the week of

**June
4**

Parks and Recreation Board

Chairman: Alan Neace
Vice Chairman: Rod Robertson
Carol Cole
Ralph Hurd
Howard Shotwell
Hank Williams
Delbert Derrett
Pat King
Karen Spencer

Recreation Staff

Recreation Director: Chris Watson
Recreation Managers: Kim Mesa, Doug McDaniel,
Kristie Weaver
Recreation Center Supervisor: Mary Singleton
Recreation Specialist: Courtney Barnard
Senior Secretary: Paige Lutz

Summer 2012 Class Registration Form



Head of Household Home Phone Work Phone E-mail Address

Street Address Apt# City State/Zip

Participant's Name	Date of Birth	Gender	Class #	Fee
1.				
2.				
3.				
4.				
5.				
			Sub-Total	\$
Non-Resident Fee of \$2 per class	_____ x \$2 (# of classes)	= \$ _____	+ Sub-Total of \$ _____ =	Total Due \$ _____

Payment Method:

____ Check #
____ Credit Card
____ Cash/Money



Order

Credit Card Payment Authorization:

____ Visa ____ Mastercard ____ Discover ____ American Express

____ - ____ - ____ - ____ - ____

Expiration Date

____ / ____

month year

Checks Payable to :
City of Hurst

Mail to:
Hurst Parks and Recreation
Class Registration
700 Mary Drive
Hurst, Texas 76053

Fax to:
817-282-7081

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from any injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection or benefits for those who use the recreational equipment or engage in activities on City Premises.

BY SIGNING THIS RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT/USER

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE

The City of Hurst is proud to be an agency member of the following organizations:

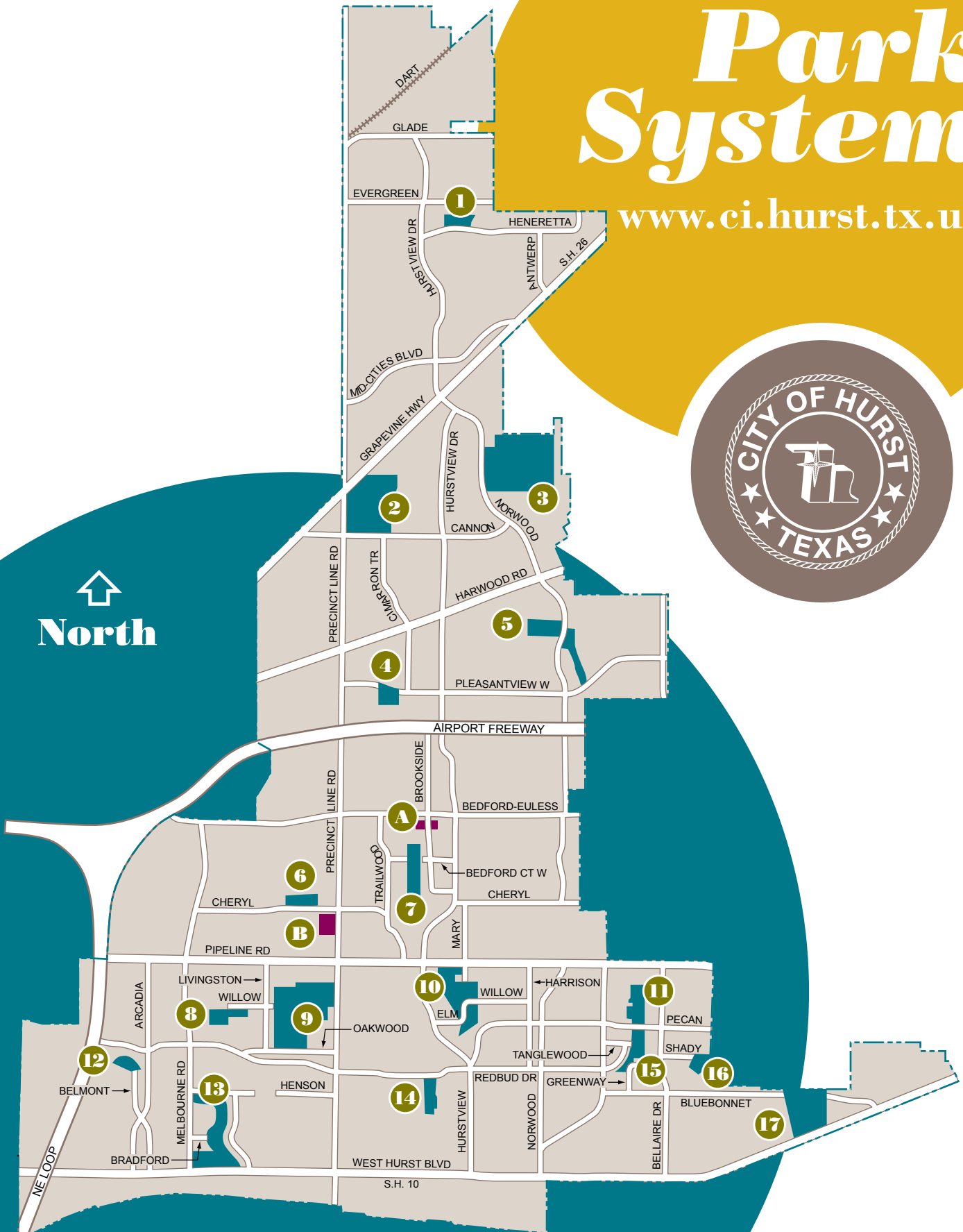


Park System

www.ci.hurst.tx.us



North



Parks

1 ECHO HILLS PARK

500 Heneretta (7.1 Acres)

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

2 HURST ATHLETIC COMPLEX

2104 Precinct Line Road (42.2 Acres)

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

3 CHISHOLM PARK

2200 Norwood (50 Acres)

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

4 SMITH-BARFIELD PARK

640 Pleasantview (6.9 Acres)

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

5 MAYFAIR PARK

1725 Norwood (14.4 Acres)

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Pet Water Fountain
- Youth Athletic Fields (Unlighted)

6 WINDMILL PARK

840 Cheryl (2 Acres)

- Historical Marker

7 VALENTINE PARK

610 Bedford Court West (4 Acres)

- Youth Athletic Practice Field (Unlighted)

8 HURST HILLS PARK

575 Billie Ruth (4 Acres)

9 HURST COMMUNITY PARK

601 Precinct Line Road (44.9 Acres)

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

10 CENTRAL PARK

700 block of Mary Drive (17.5 Acres)

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

11 VIVAGENE COPELAND PARK

501 Pecan Drive (5.2 Acres)

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

12 JAYCEE BAKER PARK

500 Belmont (4.1 Acres)

- Playground
- Picnic Tables
- Restrooms
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

13 BILLY CREEK PARK

14 REDBUD PARK

525 Redbud Drive (7.2 Acres)

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

15 BELLAIRE PARK

500 Pecan Drive (6.4 Acres)

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

16 WAN-KA-KANI PARK

748 Shadylane (4.1 Acres)

- Picnic Tables

17 RICKEL PARK

1001 Bluebonnet (29 Acres)

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- 2 Pet Water Fountains
- Playground

Facilities

A BROOKSIDE CENTER

B HURST LIBRARY

Park Pavilions

listed are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation.

For more information, call
817.788.7320



CITY OF HURST

1505 Precinct Line Road
Hurst, Texas 76054

PRESORTED
STANDARD
US POSTAGE
PAID
HURST, TX
PERMIT #21

*** ECRWSS ***

Local
Postal Customer